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**INTRODUCTION**

**This *Devotional* could very well be called *Mini-Devotional* since it is a mini version of the two volumes written in Italian by the Servant of God. Father Justin Russolillo of the Blessed Trinity, (1891-1955), Founder of the Vocationist Fathers and the Vocationist Sisters.**

**In this publication, I have followed the Italian edition of the *Devotional* prepared by the Vocationist Sisters for their daily prayers; the introductory section and the *Offertories* for the various days of the week were taken from the *Devozionale Ordinario*, and the *Offertories* for the various months of the year were taken from the *Devozionale Maggiore*.**

**This is the first English translation of any of Fr. Justin's works. Every prayer reflects his charism – *Service To God's Callings*; every elevation is permeated by his aim- *Universal Sanctification*; every paragraph is an expression and revelation of his relationship of union with God – as a *Soul-Spouse Of The Trinity*.**

**Fr. Justin's style is somehow different from what we are accustomed to; he is at the same time very affective, highly theological and vividly imaginative. It would be a total waste just trying to read his prayers! They are meant to be prayed meditatively with full concentration of mind and heart.**

**May the Vocationist Fathers, Brothers and Sisters, together with their cooperators in the world, through the use of these prayers, be led to the most perfect union with the Father, the Son and the Holy Spirit. Amen.**

**Fr. Louis Caputo, S.D.V.  
Newark, New Jersey  
September 20, 1985**

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## **PREFACE**

This Devotional regulates the community life of prayer of the religious of the Society of Divine Vocations and of their cooperators living in the world, especially of those who want to dedicate themselves to the work of their own sanctification and to the sanctification of the souls, as true and real religious in the world.

Of the various devotional exercises assigned to different hours of the day, some are considered mandatory, others optional; some are stable, others variable, and these last ones can be varied for every day of the week or for every month of the year.

In order to help those who pray to fill the mind with biblical thoughts and expressions, which are very useful at the time of temptation and for the ministry of the Word, we have taken some material from approved prayers, from the missal and more so from the Divine Book.

The animating spirit of this Devotional is that of the third degree of charity and humility, that is, that of a soul which has never been profaned, or after having freed itself decisively from every serious fault, every day fights generously, not only to remain free from deliberate-venial faults, but also to give in everything the greatest possible glory to the Lord, the greatest possible joy to the Divine Lover: such must be every soul who has consecrated itself or who wants to consecrate itself to the Lord.

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## **INTRODUCTION TO THE LIFE OF PRAYER**

1. St. Alphonsus proves to us that, "He who prays certainly saves himself and he who does not pray certainly damns himself"; and St. Augustine teaches us that, "Only the one who knows how to pray well, knows how to live well", consequently, above anything else we must concern ourselves – for our own selves and for the souls – with the perfect organization and the constant functioning of the life of prayer.

2. We must constantly beg this from the Lord, from whom every perfect gift comes, making our own the humble and ardent request of the apostles: "Lord, teach us to pray". The knowledge of the theories of prayer is not sufficient for a life of prayer. Every life needs a vital spirit. Then we ask the Lord: "Pour out upon us the spirit which you have promised through your prophet".

3. The Spirit of the Lord vivifies our souls with supernatural life. He works in us through the sacraments, through which he gives us grace, which is our supernatural life, and charity which is the heart of this life. He likewise grants us the theological and cardinal virtues, and the gifts which are the powers and the faculties of this life. Through spiritual formation and religious instruction, he prepares for us and offers us the nourishment for this life of ours.

4. In the supernatural world God is everything, and God is all love – his omnipotence and wisdom is all love; his mercy and justice is all love; his goodness and holiness is all love. In order to exercise and reveal the effects of love, in order to obtain and produce the effects of love, it is enough to talk to God lovingly and this is prayer; that is why the Holy Spirit, spirit of our supernatural life, is given to us as a spirit of grace and of prayer.

5. Prayer is what gives us and activates lungs and arteries for the internal functions of life. Prayer is what gives us and activates legs and feet to walk on the path of this life. Prayer is what gives us and activates arms and hands to accomplish the work of life. Prayer is what gives us and enables us to use arms and hands to fight the battles of life. Prayer is what gives us and activates the wings, to elevate us to heaven, and the lever to lift up the world.

6. The first characteristic of prayer is that it should be abundant, in order to accomplish what has been written: "Oporet semper orare et numquam deficere", that is, it is necessary to pray always without ever ceasing; and: "Since intermissione orate", that is, pray without interruption. Imitating the liturgy of the hours, in our daily community life, we take first literally the "Septies in die laudem dixi tibi", that is, seven times a day I sang your praises to you, and then, we take it in its real senses of endlessly our prayers in our private life.

7. In order to guarantee that continuity and perseverance in prayer, it is necessary that prayer be very much varied so that it may not cause nausea or boredom; it is written: "The conversation with the Lord does not cause boredom", consequently, we do our utmost to take inspiration for prayer from all the endless circumstances of life, and to bring into our prayer the variety of all things and circumstances which in our short and limited natural life are so numerous, and are much more abundant in the supernatural life, which partakes of the immensity and infinity of the Lord.

8. Here we are with a multitude of exercises, practices and devotional acts whose simple listing may amaze us; and yet this is only a sample, an early fruit which gives an idea of the blossoming of acts, practices and exercises of sanctification which bloom in a soul of good will. In the spirit of love we must thank the Holy Spirit, inspirator of such a wealth of good ideas; we must foster its development and growth without expecting from others or presume for ourselves to practice them all every day (which would be totally impossible).

9. That is why they are distributed for the various seasons, months and days of the year, with intervals large enough to prevent the formation of a habit, and thus maintain the character of variety and novelty of spirit which is so dear to us. Even thus distributed, they must be thought of and practiced, not as an end in themselves, but simply as a means to the end. They are ordained to the elevation of the soul to the Lord; when the soul is elevated and united with him, it can and must rest in him as long as lasts the desired effect; afterwards, the individual can repeat what has been more helpful to him, rather than moving to another means of devotion, even if this other were offered or indicated.

10. Acts, however, are needed everywhere and always, acts of devotion and of prayer. Otherwise, one falls in the hands of idleness, the most untamable monster according to Fr. Faber. Direct, intense, elevated acts! Acts which will constantly and increasingly intensify and extend themselves to the point of being identified and lost in the intimate sense of this or that truth, of this or that duty of this or that activity in the awareness of the presence and union with the Lord. Even in divine union we have acts which are most simple, but still are always acts, "Give me acts and I promise you perfection," we can repeat with the thought, if not the words, of that great spiritual director, the Redemptorist Venerable Passerat.

11. It follows the necessity of learning for ourselves, and teaching to others – to everyone – the knowledge of prayer, which is the most important part of the knowledge of eternal life.

We should possess the philosophy and the theology of prayer, treasure the teaching and experiences of the saints in the life of prayer, meditate often on the divine words referring to prayer, live the life of prayer with the spirit of prayer as, for example, Charles' *"The Life of Prayer"*. That is the prayer of all the hours and of all things.

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## **INTENTIONS AND DISPOSITIONS**

1. Every devotional exercise should consist of vocal and mental prayer; as mental prayers are to be considered not only meditations and examinations of conscience, but also pious lectures whether read or listened to, both personal and choral. Everything should proceed slowly and solemnly; should we run short of time we will shorten vocal prayers, rather than hasten their completion.

The Community vocal prayers must be recited always in two alternating choruses with appropriate pauses, with distinct pronunciation and ardent tone; most of all they must be recited with intimate, humble and loving intention, direct and total attention to the Divine Persons.

2. In every practice of piety, whether done in community or in private, in every mental and vocal prayer, the soul must carry the whole world in its heart to elevate, offer and sanctify it to the Divine Trinity, universalizing every prayer with priestly spirit and function. To this end we would pray with lowered and extended hands, as if we were to lift up and elevate the world to heaven. In times of calamities, it is suggested to pray with open hands in the form of a cross in order to be more united even externally with Jesus on the cross and in the Blessed Sacrament.

3. Everyone should memorize all the formulas of prayer contained in the catechism. Those who can should likewise memorize psalms, passages from the bible, divine words and entire pages from the gospels; this would be of great help to the soul.

Everyone should receive an adequate explanation of their meaning and have the good will of truly elevating himself to God with mind and heart; everyone should entertain himself with God speaking and acting, listening and answering.

4. So for example, the person who prays the litanies should not only understand the meaning of every invocation, but must also know the grace corresponding to that invocation in order to adequately adore, praise, thank, make reparation and intercession. Everything is done smoothly and with simple internal act by the one who has the spirit and will of prayer and has worked to acquire the virtuous habit and the exercise of adoration, in every occasion.

5. Our day of prayer must be considered as the practice of the spiritual resurrection and ascension of the soul to the Most Holy Trinity and the consequent transfiguration and transformation of the soul into something better, through the divine union, which even though imperfect at the present, leads to the perfect future divine union. This day of prayer essentially consists in the glorification of the Most Holy Trinity and Unity through the oblation of the second mystery of the incarnation and precisely of the perpetual sacrifice of Jesus, in union with the holy church and the Holy Family.

6. Every one of our practices of piety must be elevated through the intentions, dispositions and realizations of every soul in prayer to the dignity of sacrifice, of adoration and praise, of thanksgiving and love, of reparation and intercession to the Sacred Heart of Jesus. It would be greatly advantageous to every soul to select a sorrowful, sacrificial mystery of Jesus to be honored in every main religious practice, and to which one can offer and unite himself with frequent intentions at the beginning and throughout the same devotional practice.

7. All devotional exercises, whether done in community or in private, must begin and end with the Lord's Prayer. This is preceded by a full minute of absolute silence so that, in the communion of the saints, every soul may place itself in the divine presence, and renew itself in holy fear, in the sorrow for the sins and removal of the obstacles that may hinder greater spiritual growth.

8. At the major devotional exercises, the Lord's Prayer is followed by the antiphon, the verse and the prayer of the Holy Spirit, which varies for every month of the year. At the minor devotional exercises, the Lord's Prayer is followed by a short and pious invocation and union with the angels and saints, with the Blessed Virgin Mary and with Jesus in the Blessed Sacrament.

9. Everyone who is concerned and cares for his spiritual growth, should find time and ways to entertain himself as often and for as long as possible with Jesus in the Blessed Sacrament and with the Divine Persons of the Blessed Trinity, according to his grace of prayer; should he have such a favor, he should abandon himself to the spirit of contemplation according to the guidance of his spiritual director.

10. "The Lord's Prayer," the Our Father – which will never be studied, recited and lived enough – stands above any form of prayer. That is why we recommend the so called "rosary of the Lord" which consists of a sequence of Our Fathers and the various Christians mysteries, in imitation of the rosary of the Blessed Mother. The exercise of frequent brief prayers is highly recommended in private devotion and it is considered necessary and irreplaceable, because it is thus that one places himself, elevates himself, and keeps himself in the Divine Persons; likewise, it is highly recommended the use of rosaries of brief prayers, as they are a very effective means to gain spiritual fervor.

11. Whenever there is need for formulas of prayers, both for community or private use, they should be taken from the liturgical books, from the catechism and from the prayers approved by the church, and from the elevations of saints.

Devotion will receive the lymph of the revealed truth and will be what it should be, true theological, Catholic devotion when it will take from these sources rather than private inspiration.

12. We should always honor, cultivate and wisely use that more solemn form of prayer which is religious singing. It should be such that, obeying all the guidelines of the ecclesiastical authority, will promote true devotion rather than personal satisfaction; it should always be in harmony with the liturgical season and with the devotions that are being celebrated; it must be adequately prepared, properly directed and executed, really religiously, as it is act of adoration.

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## **DETAILED GUIDELINES**

1. The Ascetical day consists of three major devotional exercises at the times of the Angelus and possibly announced by the same bell of the Angelus. For those who have time available, will also consist of four minor devotional exercises. To these seven

devotional exercises for an ever better nourishment of fervor can be added two "minimal" devotional exercises: both private; one determined and the other undetermined.

2. For every devotional exercise are always assigned some vocal prayers (always recited chorally) which are considered mandatory only for the community exercises; in case one should do these exercises in private, he can use any other formula, and much more follow the inspiration of the moment, as long as one exercises the prescribed acts of religion. The same is said of mental prayers when they are done privately since in private every can meditate on the subject of his choice, use other books and follow his own grace of prayer.

3. The first devotional exercise is at dawn in honor of and union with the resurrection of the Lord, with the first of seven spirits assisting at the throne of the Blessed Trinity. It consists of the vocal prayer of the morning with the intentions and declarations of love to elevate the spiritual value of every act, the litanies of St. Joseph for our benefactors, the preventive general and particular examination of conscience as immediate preparation for the mass and communion.

4. The second devotional exercise at sunrise is called morning sacrifice and is done in honor of and union with the passion and death of the Lord, with the second of the seven spirits assisting at the throne of the Blessed Trinity. It consists of a full hour of mental prayers and the community mass with general communion of all those who are present. It ends with the liturgical peace given by the officiating director or educator to the religious who are present. This is the first major devotional exercise.

5. The third devotional exercise in the morning is done in honor of and union with the mystery of the divine of the divine Pentecost and of the holy triumphant, militant and suffering church, with the third of the seven spirits assisting at the throne of the Blessed Trinity. It consists of a sequence or hymn of the Holy Spirit, reading of the martyrology and the litanies of the Holy Name of Jesus for our benefactors.

6. The fourth devotional exercise takes place at noon and is done in honor of and in union with the ascension of the Lord with the fourth of the seven spirits assisting at the throne of the Blessed Trinity. It consists of the Angelus, a tribute of prayers to the adorable Trinity, the Offertories of the Most Precious Blood with the particular and general examination of conscience, a half hour ascetical of meditated reading on the divine scriptures or other ascetical readings, and the litanies of the Sacred Heart of Jesus for our benefactors. It is the second of the major devotional exercises.

7. The fifth devotional exercise at Vespers is done in honor of and in union with the Holy Family of Mary and Joseph around Jesus in our midst in the Blessed Sacrament, with the fifth of the seven spirits assisting at the throne of the most Blessed Trinity. It consists of a visit to Jesus, Mary and Joseph, to the guardian angel and to the other

celestial spirits and saints of the Lord. The monthly devotions will take place at this time. It should always include a song in honor of the Blessed Virgin Mary.

8. The sixth devotional exercise at sunset is called evening sacrifice, and is done in honor and glory of the institution of the divine Eucharist, with the sixth of the seven spirits assisting at the throne of the most Blessed Trinity. It consists of the rosary and the litanies of the Blessed Mother (on Saturday s litanies of the saints could be recited) and the benediction with the Blessed Sacrament, with a half hour of meditated, ascetical readings, generally on the lives of the saints. It is the third of our major devotional exercises.

9. The seventh devotional exercise in the evening is done in honor of and union with the transfiguration of the Lord, with the seventh of the seven spirits assisting at the throne of the most Blessed Trinity. It consists of evening prayers with the preparation for a holy death, the general and particular examination of conscience, the litanies for the dying, a remote preparation for the mass, communion and meditation of the next morning, with the invitation to the angels and saints and the registration "in the book of the soul" of the good inspiration and graces of the day to be used for future spiritual direction.

10. Everyone should faithfully practice the short prayers recited in common before and after study classes, activities, meals, recreation and walks, going up and down stairways, coming and going together. No one should leave the house without first paying a visit to the Blessed Sacrament. After the noon and evening meals, everyone should make a visit to the Blessed Sacrament; these two visits are the "minimal" devotional exercises.

11. Everyone in private will complete the rosary of the Blessed Mother and will fill the day with short prayers, acts of love, short visits to the Blessed Sacrament and spiritual communions with Jesus in the Eucharist, with the divine glory, love and will, with the divine presence, with the divine attributes and operations and with the three divine persons, worshipping them in their messengers, the angels; in their representatives, the superiors; in their living images, the neighbor and much more in the Holy Family and in oneself.

12. The major devotional exercises should always be done in a chapel in the presence of the Blessed Sacrament, the others may be done elsewhere, but always in places designated for prayer. Everyone should try to live entirely this day of prayer during the monthly days of recollection, yearly major spiritual exercises and the minor exercises at the beginning of the four seasons unless the director decides otherwise for greater spiritual advantage of the soul. A definite period of time is always assigned for every spiritual exercise; at the end of this period of time, the devotional exercise must be terminated even if it is left unfinished. It is good thing and it is praiseworthy if the whole time assigned for a spiritual exercise is taken by mental prayer.

## **COME, HOLY GHOST**

Come, Holy Ghost, Creator, come  
From thy bright heavenly throne,  
Come, take possession of our souls  
And make them all thy own.

Thou who are called the Paraclete,  
Best gift of God above,  
The living spring, the living fire,  
Sweet unction and true love.

Thou who are sevenfold in thy grace,  
Finger of God's right hand;  
His promise, teaching little ones  
To speak and understand.

O guide our minds with thy blest light,  
With love our hearts inflame;  
And with thy strength, which never decays,  
Confirm our mortal frame.

Far from us drive our deadly foe;  
True peace unto us bring;

And from all perils lead us safe  
Beneath thy sacred wing.

Through thee may we the Father know,  
Through thee the eternal Son,  
And thee the Spirit of them both,  
Thrice blessed Three in One.

All glory to the Father be,  
With his co-equal Son;  
The same to thee, great Paraclete,  
While endless ages run, Amen.

v) Send forth your Spirit, and they shall be created.  
r) And you shall renew the face of the earth.

LET US PRAY

O God, who did instruct the hearts of the faithful by the light of the Holy Spirit, grant us in the same Spirit to be truly wise and ever to rejoice in his consolation, through Jesus Christ our Lord. AMEN

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### **The Angelus**

v) The Angel of the Lord declared unto Mary  
r) And she conceived by the Holy Spirit.  
Hail Mary etc.

v) Behold the handmaid of the Lord

r) Let it be done unto me according to your Word

Hail Mary etc.

v) And the Word was made flesh.

r) And dwelt among us.

Hail Mary etc.

v) Pray for us, O Holy Mother of God.

r) That we may be made worthy of the promises of Christ.

Let Us Pray

Pour forth we beseech you, O Lord, your grace into our hearts; that as we have known the incarnation of Christ, your Son by the message of an angel, so by his passion and cross we may be brought to the glory of the resurrection. Through the same Christ, Our Lord. Amen

3 Glory Be to the Father

Eternal rest...

v) Here is the bridegroom go out to meet

r) Amen! Come Lord Jesus

(During The Easter Season)

### **Queen of Heaven (Regina Coeli)**

Queen of Heaven rejoice, alleluia;

For he whom you merited to bear, alleluia,

Has risen, as he said, alleluia.

Pray for us to God, alleluia.

-Rejoice and be glad, O Virgin Mary, alleluia

-Because the Lord is truly risen, alleluia.

Let Us Pray

O God, who by the Resurrection of your Son, our Lord Jesus Christ, granted joy to the whole world; grant, we beg you, that through the intercession of the Virgin Mary, his Mother, we may lay hold of the joys of eternal life. Through the same Christ our Lord. Amen.

### **ACT OF FAITH**

O my God, I firmly believe that you are one God in three divine persons, Father, Son and Holy Spirit. I believe that your divine Son became man, died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths, which the holy Catholic Church teaches, because you have revealed them, who can neither deceive nor be deceived.

### **ACT OF HOPE**

O my God, relying on your almighty power and infinite mercy and promises, I hope to obtain pardon for my sins, the help of your grace, and life everlasting through the merits of Jesus Christ, my Lord and Redeemer.

### **ACT OF LOVE**

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all love. I love my neighbor as myself for the love of you. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen.

### **ACT OF CONTRITION**

O my God, I am heartily sorry for having offended you; I detest all my sins because of your just punishment. But most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace to sin no more and to

avoid the near occasions of sin. Amen.

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## January

### **MORNING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All angels and saints of God, intercede for us.

Queen of all saints, Mediatrix of all graces and Mother of divine love, pray for us.

Sacred Heart of Jesus, unite us perfectly to your adorations, thanksgivings, reparations and prayers; make of us, with you, a host of sacrifice to the Divinity and sacrament to the souls.

### **TO THE BLESSED MOTHER AND ST. JOSEPH**

1. I start again my journey lifting up my eye to the mountains, with the desire of ascending to the regions closer to the throne of the Lord!
2. O eternal mountains of the divine perfections, whence wonderfully spreads the light of life, of grace, of divine operations!
3. O eternal mountains of God, whence comes help to mankind in general and to each individual soul in particular for the glorification of God in our sanctification!
4. From you appears the mystical cloud that like gentle rain lets the just descend! From you springs forth the mystical dawn that brings to us Jesus, the sun of our souls!
5. O Blessed Mother and Saint Joseph! You are the mystical city of God, built on the mountains of the divine perfections, for you long the pilgrims of this earth!
6. O Abode of the saints and the angels, throne of the most Holy Trinity, draw us to you, bring us all together in you! O holy family of Jesus and ours.
7. With you, O Blessed Mother, O Saint Joseph in the ascensions from knowledge to knowledge, from virtues to virtues, from sacrifices to sacrifices, from union to union!
8. With you, in you, and for you, O Holy Family, in our ascension we will overcome

every difficulty deriving from our weakness, from the envy of our enemies, and from the steepness of the mountains!

9. We will ascend to the altar of the cross, and there we shall be given to you as children, there we will make of you our family, and we will complete our sacrifice with Jesus, and our union with the Blessed Trinity!...

10. O my God and my All, Father, Son and Holy Spirit may your will be done, your love reign, your glory shine, always more in me and in everyone, as in yourself, on my God and my All.

### **TO THE VIRGIN MOTHER OF GOD**

Hail Mary, daughter of God the Father, mother of God the Son, spouses of the Holy Spirit, temple of the Most Holy Trinity! Hail Queen of everything that is in heaven and on earth! Hail, safe refuge of sinners, Our Lady of mercy, you never reject anyone! Sinner as I am, I prostrate myself before you and I beg you to obtain from Jesus, your beloved Son, repentance and forgiveness for my sins and the divine wisdom, (in the continuous ascension, to the divine union with the Most Holy Trinity). Amen

(St. Louis M. De Montfort)

### **PRAYER FOR PERSEVERANCE**

O my God and my all, for your glory, love and will, for the holy church and Sacred Family and for your own Blessed Trinity, grant all of us the special grace of perseverance to the very end.

Establish and keep us in perfect charity and holy humility, in a complete obedience of mind, heart and life.

Let us be always aware of and cooperative with your gifts following the means recommended by the ascetical teachings and prompt us to avail ourselves of all the divine opportunities which are afforded to us through our crucified Lord present in the Blessed Sacrament.

Amen!

### **LITANY OF ST. JOSEPH**

Lord, have mercy

Christ, have mercy

Lord, have mercy

Christ, hear us

Christ, graciously hear us

God, the Father of Heaven, have mercy on us

God, the Son, Redeemer of the world, have mercy on us

God, the Holy Spirit, have mercy on us

Holy Trinity, One God, have mercy on us

Holy Mary pray for us

St. Joseph " "

Illustrious scion of David " "

Light of Patriarchs " "

Spouse of the Mother of God " "

Chaste guardian of the Virgin " "

Foster-father of the Son of God " "

Watchful defender of Christ " "

Head of the Holy Family " "

Joseph most just " "

Joseph most chaste " "

Joseph most prudent " "

Joseph most valiant " "

Joseph most obedient " "

Joseph most faithful " "

Mirror of patience " "

Lover of poverty " "

Model of workmen " "

Ornament of domestic life " "

Guardian of virgins " "

Safeguard of families " "

Consolation of the poor pray for us

Hope of the sick " "

Patron of the dying " "

Terror of the demons " "

Protector of the Holy Church " "

Lamb of God, who takes away the sins of the world

Spare us O Lord

Lamb of God, who takes away the sins of the world

Graciously, hear us O Lord

Lamb of God, who takes away the sins of the world

Have mercy on us.

v) He made him lord over his house

r) And ruler of all his possessions

Let us pray

God, who in your ineffable providence did vouchsafe to choose blessed Joseph to be the spouse of your most holy Mother, grant we beseech you, which we may be made worthy to have him for our intercessor in heaven whom on earth we venerate as our holy protector. You, who live and reign forever and ever. Amen.

## **BEFORE MEDITATION**

1. My soul! This is the day and the hour of glory of God, the hour of God's love! Oh if you knew the gift of your Lord!
2. O my God and my all! Father, Son and Holy Spirit, I believe that I am in you, I believe that you are in me, for reasons of infinite love.
3. Since you call me from the external to the interior world, here I am to be directly and exclusively with you!
4. By myself I am unable to utter even a word or a holy thought; from you, I deserve to be rejected and cursed on account of my sins!
5. But you are mercy, and in you I take refuge; you are love, and to you I surrender myself, sure as I am of the effusions of your infinite goodness.
6. Lift up my memory, intelligence, will, imagination and my sensibility, to your perfections and your works.
7. I offer them all to you, so that through your grace, from now on everything in me may be of glory and love for you, always according to your will.
8. O my Lord, open always more my mind in the brightness of your truth, and my heart in the fire of your love.
9. Speak, Lord, come to me, realize in my soul your glory, and grant that I may understand you, conform myself to you, and cooperate with you to the achieving of divine union.

O my God and my All, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All!

## **AFTER MEDITATION**

1. My soul magnifies the Lord.
2. And my spirit rejoices in God my Savior.
3. Because he has regarded the lowliness of his handmaid; for, behold, henceforth all generations shall call me blessed.
4. Because he who is mighty has done great things for me, and holy is his Name.

5. And his mercy is from generation to generation on those who fear him.
6. He has shown might with his arm, he has scattered the proud in the conceit of their heart.
7. He has put down the mighty from their thrones, and has exalted the lowly.
8. He has filled the hungry with good things, and the rich he has sent away empty.
9. He has given help to Israel, his servant, mindful of his mercy.
10. Even as he spoke to our fathers – to Abraham and to his posterity forever.
11. Glory be to the Father, and to the Son and to the Holy Spirit.
12. As it was in the beginning, is now, and will be forever.
13. Amen.

## **BEFORE THE READING OF THE MARYROLOGY**

### **PRAYER TO ALL SAINTS**

#### **FOR FEAST DAYS**

1. O Angels, Archangels, Thrones, Dominations, Powers, Principalities, Virtues, Cherubs, Seraphs, Holy Spirits Assistant to the throne of God, my Guardian Angel.
2. O holy Patriarchs, Prophets, you just of the Old Covenant, Holy Parents of the Mother of God, O holy Precursor.
3. O Holy Apostles and Disciples of Jesus, holy Fathers and Doctors of the Church, Holy Martyrs and Virgins, Holy Confessors and Hermits.
4. Holy Founders and Patrons of religious institutions, O Saints appointed to us as our special patrons.
5. With the Sacred Heart of Jesus and Mary we rejoice with you, and we thank the Lord for all the good he has done in you and through you.
6. Give to each and every one of us the daily charity of a spiritual gift, with which we may better glorify our Lord.
7. Make us one with you, and help us offer ourselves with you to God through all your

perfect consecrations to the Lord.

### **FOR WEEKDAYS**

1. O holy Angels, Archangels, Principalities, pray for us, bring us into your company.
2. O holy Powers, Virtues, Dominations, pray for us, bring us into your company.
3. O holy Thrones, Cherubs, Seraphs, pray for us, bring us into your company.
4. O holy Patriarchs, Prophet and Levites, pray for us, bring us into your company.
5. O Holy Apostles, Disciples and Evangelists, pray for us, bring us into your company.
6. O holy Martyrs, Virgins and Confessors, pray for us, bring us into your company.
7. O Holy Fathers, Doctors and Founders, pray for us, bring us into your company.
8. O Jesus, Mary and Joseph, make us one with you and the most holy Trinity. Amen.

### **BLESSINGS**

1. Blessed Trinity, Virgin Mary, Angels and Saints, bless us.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

2. May almighty God, the blessed virgin and Saint Michael come to our aid and destroy our enemies.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

3. May your blessings, Lord, descend on our neighbors, on the souls in Purgatory, on our benefactors, and on all those who ask for our prayers.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost

Angelus.

Examination of Conscience.

### **VERSES FROM THE BIBLE**

"Arise, Jerusalem, and shine like the sun; the glory of the Lord is shining on you."

"Other nations will be covered by darkness, but on you the light of the Lord will shine; the brightness of his presence will be with you."

"Nations will be drawn to your light, and kings to the dawning of your new day."

"Look around and see what is happening; your people are gathering to come home! Your sons will come from far away; your daughters will be carried like children."

"You will see this and be filled with joy; you will tremble with excitement. The wealth of the nations will be brought to you; from across the sea their riches will come."

"Great caravans of camels will come, from Midian and Ephah. They will come from Sheba, bringing gold and incense. People will tell the good news of what the Lord has done!

"Day and night your gates will be open, so that the kings of the nations may bring you their wealth."

"But the nations that do not serve you will be completely destroyed."

"The sound of violence will be heard no more; destruction will not shatter your country again. I will protect you and defend you like a wall; you will praise me because I have saved you."

"No longer will the sun be your light by day, or the moon be your light by night; the light of my glory will shine on you."

"Your day of grief will come to an end. I, the Lord will be your eternal light, more lasting than the sun and the moon."

"Your people will all do what is right, and will possess the land forever. I planted them, I made them, to reveal my greatness to all." (Is. 60)

### **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our Sorrowful Mother, receive the homage of the spiritual treasures, that you yourself donated to us.

1. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of adoration to your Divine Will, revealed to us in your commandments and precepts, counsels and inspirations.

2. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of thanksgiving for your Divine Goodness, communicated to us through your commandments and precepts, counsels and inspirations.

3. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of reparation of our ignorance and imperfections, negligence and violations of your commandments and precepts, counsels and inspirations.

4. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of intercession for all the grace needed to perfectly know, fulfill and teach your commandments and precepts, counsels and inspirations.

5. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of your first commandment: "You shall have no other God but me."

6. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of your second commandment: "You shall not take the name of the Lord your God without respect."

7. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate your third commandment: "Remember to keep the Lord's Day."

8. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of your fourth commandment: "Honor your father and mother."

9. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of your fifth commandment: "You shall not kill."

10. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of your sixth commandment: "You shall not commit adultery."

11. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of your seventh commandment: "You shall not

steal.”

12. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of your eighth commandment: “ You shall not bear false witness.”

13. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of your ninth commandment; “ You shall not desire your neighbor’s goods.”

14. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of tenth commandment: “ You shall not desire your neighbor’s goods.”

15. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of all canonical, liturgical and civil laws.

16. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect exercise of the acts of faith, hope and charity, prudence, justice, fortitude and moderation and all other Christian virtues.

17. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of the law of penance and sacrifice.

18. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, observance and apostolate of the law of public and private prayer.

19. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect docility, generosity, fidelity and obedience of love to all the evangelical counsels.

20. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect docility, generosity, fidelity and obedience to all your divine inspirations.

21. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect docility, generosity, fidelity and obedience to all your divine vocations.

22. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect docility, generosity, fidelity and obedience to all your divine missions.

23. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us a continuous progress in this perfection of knowledge, and observance, so that we may persevere in it until death.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that through prayer and suffering, example and word, we may be the apostles of your commandments and precepts, counsels and inspirations, vocations and missions.

O adorable Trinity, in everything and above everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fulfillment of every gift: the divine love of perfect charity for you and for our neighbors, with all the fruits of the Holy Spirit, so that we may reach highest levels of union with you. Amen.

### **EVENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost.

Angelus.

### **HOLY ROSARY**

V) O God come to my assistance,

R) O Lord make haste to help me.

V) Glory be to the Father...

R) As it was...

Joyful mysteries (Monday and Thursday)

1. The Annunciation

2. The Visitation.

3. The Nativity.

4. The presentation.

5. The Finding of Jesus in the Temple.

Sorrowful Mysteries (Tuesday and Friday)

1. The Agony in the Garden

2. The Scourging at the Pillar.
3. The Crowning with Thorns.
4. The Carrying of the Cross.
5. The Crucifixion and Death.

Glorious Mysteries (Sunday, Wednesday and Saturday)

1. The Resurrection.
2. The Ascension.
3. The Descent of the Holy Spirit.
4. The Assumption.
5. The Crowning of Mary.

### **LITANY OF THE BLESSED MOTHER**

Lord, have mercy

Christ, have mercy

Lord, have mercy

Christ, hear us

Christ, graciously hear us

God, the Father of Heaven, have mercy on us

God the Son, Redeemer of the World, have mercy on us

God the Holy Spirit, have mercy on us

Holy Trinity, One God, have mercy on us

Holy Mary Mother of God pray for us

Holy Virgin of Virgins " "

Mother of Christ " "  
Mother of Divine grace " "  
Mother most pure "  
Mother most chaste " "  
Mother ever virgin " "  
Mother undefiled "  
Mother most amiable " "  
Mother most admirable " "  
Mother of Good Counsel " "  
Mother of our Creator " "  
Mother of our Savior " "  
Mother of the Church " "  
Virgin most prudent " "  
Virgin most venerable " "  
Virgin most renowned " "  
Virgin most powerful " "  
Virgin most merciful " "  
Virgin most faithful pray for us  
Mirror of justice "  
Seat of wisdom " "  
Cause of our joy "  
Spiritual vessel " "

Vessel of honor " "

Singular vessel of devotion " "

Mystical Rose " "

Tower of David " "

Tower of Ivory " "

House of gold " "

Ark of covenant " "

Gate of Heaven " "

Morning star " "

Health of the sick "

Refuge of sinners "

Comforter of the afflicted " "

Help of Christians "

Queen of Angels "

Queen of Patriarchs " "

Queen of Prophets " "

Queen of Apostles " "

Queen of Martyrs "

Queen of Confessors " "

Queen of Virgins "

Queen of all saints " "

Queen conceived without original sin "

Queen assumed into heaven " "

Queen of the most holy rosary "

Queen of the family " "

Queen of Peace " "

Lamb of God, who take away the sins of the world,

Spare us, O Lord

Lamb of God, who take away the sins of the world,

Graciously hear us, O Lord

Lamb of God, who take away the sins of the world,

Have mercy on us

v) Pray for us, O Holy Mother of God

r) That we may be made worthy of the promises of Christ

Let us pray

Grant, we beg you, O Lord God, that we your servants may enjoy lasting health of mind and body, and by the glorious intercession of the blessed Mary, ever Virgin, be delivered from present sorrow and enter into the joy of eternal happiness. Through Christ our Lord. Amen.

### **VISIT**

1. O my Lord Jesus Christ, O Divine Word and Incarnate Son, I believe in you and adore you present in this memorial of your passion and death, O my Jesus true God and true man.

2. Here I am in your presence, O God-Jesus Crucified, O God-Eucharistic Jesus. May the gospel recount for me the story of your passion!

3. The worst enemy of love – after sin – is that forgetfulness caused by the absence of friends! How many souls are at the point of death for lack of love!

4. It is your will that I keep always present in my mind the reality of your love with its

signs and words, gifts and proofs, in order to rekindle and develop its flame in me and in everyone!

5. In a special way you want me to keep in mind your passion and death, and to live in this permanent reality! The stigmata and the Eucharist constantly remind me of your passion and death.

6. Even in your glorified body you show the visible signs of your passion! Eternal vision of your passion for the Angels and the Saints.

7. On earth, you have left to us the Eucharist, sacrifice and sacrament, both as memorial and renewal of your passion.

8. Your passion continually applied to us is the most fitting remembrance of you, and the most efficient cause of love!

9. I beg you to remove from me any indifference and insensibility. Day and night I will keep your passion in my mind and heart, and out of love and compassion I wish to consume my life.

10. I believe that the insensibility of a Christian toward you, my crucified Jesus is a diabolic thing, I do not want to be victim of it.

### **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### **EXAMINATION CONSCIENCE**

(On the Spirit of Faith)

Become aware, my soul, before God:

1) Did you renew this morning, and then often during the day, your intention of doing everything for God's greater glory?

2) Has this intention really been the cause of everything you did, whether in public or in private?

3) Has this intention been direct and efficient during at least – the main actions of day?

4) In every action of the day did you pay attention to the sanctity of its purpose, object and circumstances, in order to sanctify them?

(Act of contrition)

### **ENTRUSTING THE DAY TO GOD**

1. O most holy Trinity, O my God and my all, here is my poor day. I entrust it to your holiness with all the graces you have granted me during this day, and with all the stains which I have soiled it.
2. Glory and thanksgiving to you, especially, for the holy sacrifice and sacraments, for your words and inspirations, and for all the graces you would have granted me, if I had been faithful to you.
3. How many times, and in how many different ways I have displeased you today! How many favors I did not receive properly, and how many talents I didn't put to work! Grant me a perfect contrition for my faults and a perfect conversion of my life.
4. O my Lord and my God, I do not want to fill my day any more with so many infidelities to your love, disobediences to your inspirations and so much lack of correspondence to your grace.
5. Now I am ashamed of any dealing with your enemy, of any fall into his snare, of any hesitation under his attacks and of any surrender of myself to his wishes.
6. Now I am sorry for having displeased you, my Lord and my God! I have grieved your Spirit, I have offended your Heart! I confess I was wrong, very wrong, through my own fault!
7. I want to be one with you in hating and destroying everything that is against your will. I want to be one with you in loving and making mine all that pleases you.
8. In a special way I renew my resolutions to fight for the elimination of that fault... to work for the achievement of that virtue...
9. For the greater glory of your mercy and goodness, of your redemption and sanctification, forgive all my faults, condone all my debts.
10. O my God and my All, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All!

### **PREPARATION OF DEATH**

O Lord Jesus, Son of the living God, for our salvation you became a man in a stable, lived in poverty, in pains and afflictions; you who died on the cross, I beg you, at the moment of my death say to your heavenly Father: "Father forgive him". Tell for me your beloved Mother:

"Here is your son"; tell my soul: "Today you will be with me in paradise". My God, my God, do not forsake me in that moment. I am thirsty. Truly my soul thirsts for you my God, spring of living water. My life fades away like a shadow. A short while more, and everything will be accomplished. Henceforth and for all eternity, in your hands, my adorable Savior, I commend and entrust my soul; Lord Jesus, accept my spirit. Amen.

*(\*This prayer is said on Saturdays with the Litany for the Dying, The other days the litany may alternative with a psalm.)*

### **THE LITANY FOR THE DYING**

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Holy Mary, Pray for us

All you angels and archangels, " "

Holy Abel, " "

All you choirs of the just, " "

Holy Abraham, " "

St. John the Baptist, " "

St. Joseph, " "

All you holy patriarchs and prophets, " "

St. Peter, " "

St. Paul, " "

St. Andrew, " "

St. John, " "

All you holy Apostles and Evangelists, " "

All you holy disciples of the Lord, " "

All you holy innocents, " "

St. Stephen, " "

St. Lawrence, " "

All you Holy Martyrs, " "

St. Sylvester, " "

St. Gregory, " "

St. Augustine, " "

All you holy bishops and confessors, " "

St. Benedict, " "

St. Francis, " "

St. Camillus, " "

St. John of God, " "

St. John Neumann, " "

All you holy monks and hermits, " "

St. Mary Magdalene, " "

St. Lucy, " "

St. Elizabeth Ann Seton, " "

All you holy virgins and widows, " "

All you holy saints of God, Intercede for us

Be merciful, Spare us, O Lord

Be merciful, Deliver us O Lord

From your anger, " "

From death's dangers, " "

From an unholy death, " "

From the punishments of hell, " "

From every evil, " "

From the power of the devil, " "

Through your birth, " "

Through your cross and passion, " "

Through your death and burial, " "

Through your glorious resurrection, " "

Through the grace of the Holy Spirit,  
the consoler, " "

In the day of judgment, We Implore you, Hear us

We who are sinners, " "

That you would spare us, " "

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

### **INVOCATIONS**

- V) Lord, we beg you to visit this house and banish from it all the deadly powers of the enemy.
- R) May your holy angels dwell here to keep us in peace, and may your blessing be upon us always. We ask this through Christ Our Lord. Amen.
- V) Most merciful Jesus, lover of souls, I beg you for the agony of your most Sacred Heart and for the sufferings of your Immaculate Mother.

R) Wash in your Blood all the sinners of the world, and especially those are in agony and who will pass away during this night. Amen.

V) Agonizing Heart of Jesus,

R) Have mercy on us and on those who are dying.

V) I heard a voice from heaven saying: "Blessed are they who die in the Lord".

R) The Spirit tells them to rest from their labor, because their deeds follow them.

V) In the stillness of the night, your all-powerful Word, O Lord, came down from his royal throne.

R) In the middle of the night came a voice: "Here is the bridegroom! Come and meet him!"

V) O Lord God, Holy, Powerful, Immortal, have mercy on us.

R) Praise, glory, and thanksgiving to you forever, O Blessed Trinity.

V) Do not deal with us, Lord, according to our sins, nor requite us according to our crimes.

R) Lord, remember not the sins of the past, for your name's sake, be merciful to us sinners.

V) Lord, we beg you, keep us sinless during this night.

R) Into your hand, O Lord, I commend my spirit.

V) May God's will be done, praised and exalted forever all things.

R) Eternal rest grant unto them, O Lord, and let perpetual light shine on them forever.

V) May they rest in peace.

R) Amen.

ALL) Angel of God, my Guardian dear, to whom his love commits me here, ever this night be at my side to light and guard, to rule and guide. Amen.

V) Most Holy Trinity, Virgin Mary, Angels and Saints bless us.

R) In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

V) May God Almighty, the Immaculate Virgin and Saint Michael come to our aid and destroy our enemies.

R) In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

V) May your blessings, Lord, descend on our neighbors, on the souls in Purgatory, on our benefactors, and on all those who ask for our prayers.

R) In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## **RITE OF EUCHARISTIC DEVOTION**

### **O Saving Victim**

O saving Victim, opening wide

O Salutaris Hostia

The gate of heaven to all below

Quae caeli pandis ostium:

Our foe press on from every side;

Bella premunt hostile,

Thine and Supply, thy strength bestow.

Da robur, fer auxilium.

All praise and thanks to thee ascend

Uni trinoque Domino

Forevermore, blest One in Three;

Sit sempiterna Gloria

O grant us life that shall not end

Qui vitam sine termino

In our true native land with thee. Amen.

Nobis donet in patria. Amen.

### **Humbly Let Us Voice Our Homage**

Humbly let us voice our homage

Tantum ergo Sacramentum

For so great a sacrament;

Veneremur cernui:

Let all former rites surrender

Et antiquum documentum

To the Lord's New Testament;

Novo cedat ritui:

What our senses fall to fathom,

Praestet fides supplementum

Let us grasp through faith's consent!

Sensuum defectui.

Glory, honor, adoration

Genitori, Genitoque

Let us sing with one accord!

Laus et Jubilatio,

Praised be God, almighty Father;

Salus, honor, virtus quoque

Praised be Christ, his Son, our Lord;

Sit et benediction

Praised be God the Holy Spirit;

Procedenti ab urtoque

Triune Godhead be adored! Amen.

Compar sit laudation. Amen.

Let us pray-

Lord our God,

You have given us the true bread from heaven.

In the strength of this food may we live always by your life and rise in glory on the last day.

We ask this through Christ our Lord.

Amen.

## **DIVINE PRAISES**

**Blessed be God.**

**Blessed be his holy name.**

**Blessed be Jesus Christ, true God and true man.**

**Blessed be the name of Jesus.**

**Blessed be his most Sacred Heart.**

**Blessed be his Most Precious Blood.**

**Blessed be Jesus in the Most Holy Sacrament of the Altar.**

**Blessed be the Holy Spirit, the Consoler.**

**Blessed be the great mother of God, Mary most holy.**

**Blessed be her holy and immaculate conception.**

**Blessed be her glorious assumption.**

**Blessed be the name of Mary, virgin and mother.**

**Blessed be St. Joseph, her most chaste spouse.**

**Blessed be God in his angels and in his saints.**

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## **FEBRUARY**

### **MORNING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All angels and saints of God, intercede for us.

Queen of all saints, Mediatrix of all graces and Mother of divine love, pray for us.

Sacred Heart of Jesus, unite us perfectly to your adorations, thanksgivings, reparations and prayers; make of us, with you, a host of sacrifice to the Divinity and sacrament to the souls.

### **PRAYERS**

1. O most holy Trinity, my God and my all, Father, Son and Holy Spirit, I believe in you, hope in you, and I worship and love you with all my heart.
2. Thank you, Lord for the gift of life, for my Christian faith and for your protection during this past night. Thank you for the gift of this other day that you are granting me.
3. Thank you, Lord for all the graces and favors that you will grant me today, but most of all thank you, Lord, for the infinite love with which you love me and want me all for yourself!
4. O my Lord, today and forever, preserve me from any sin; today and forever make me

grow in your grace with every perfection.

5. In union with Jesus, Mary and Joseph I offer and consecrate all myself, in every external and internal act, to your glory, love and will.

6. Grant me, Lord, a constant and perfect imitation of Jesus, Mary and Joseph; grant me, I beg you, a perpetual ascension to the divine union with you, Father, Son and Holy Spirit.

7. I want everything I do to have no other aim but the promotion of your glory, the fulfillment of your will, the practice of your love. I beg you, Lord, assist me in this.

8. May your grace triumph always more in me and in everyone, but especially in the perfect conversion of all sinners and in the salvation of all the dying.

9. May your grace triumph always more in the continuous perfecting of all the just ones, in the deliverance of all souls from purgatory, in the universal coming of your Kingdom.

10. O my God and my All, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All!

### **TO THE MOST HOLY VIRGIN MOTHER OF GOD**

O my Queen and Mother, O Virgin Mother of God, as a sign and proof of my devotion to you, I offer myself completely to you. To you I consecrate my sight, hearing, touch, sense of smell, taste, my tongue, my heart, all of myself. Since I am yours, O good Mother, Protect and defend me as your possession. Amen. Hail Mary.

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Examination of Conscience.

### **VERSES FROM THE BIBLE**

"I am the bread of life! He who comes to me will never be hungry; he who believes in me will never be thirsty; Lord, give us this bread always."

“Everyone whom my Father gives me will come to me. I will never turn away anyone who comes to me, because I have come down from heaven to do not my own will but the will of him who sent me.”

“And it is the will of him who sent me that I should not lose any of all those he has given me, but that I should raise them all to life on the last day.”

“For what my Father wants is that all who see the Son and believe in him should have eternal life.”

“The bread that I will give him is my flesh, which I give so that the world may live. Whoever eats my flesh and drinks my blood lives in me, and I live in him.”

“The living Father sent me, and because of him I live also. In the same way whoever eats me will live because of me.”

“The Son can do nothing on his own, he does only what he sees the Father doing. What the Father does, the Son also does.”

“For the Father loves the Son and shows him all that he himself is doing. He will show him even greater things, and you will be amazed.”

“Just as the Father raises the dead and gives them life, in the same way the Son gives life to those he wishes. Nor does the Father himself judge anyone. He has given his Son the full right to judge.”

“So that all will honor the Son in the same way as they honor the Father. Whoever does not honor the Son does not honor the Father who sent him.”

“Believe me, woman, the time is coming and is already here, when people will not worship the Father either on this mountain or in Jerusalem, but by the power of God’s Spirit people will worship the Father as he really is, offering him the true worship that he desires.

“God is Spirit, and only by the power of his Spirit can people worship him as he really is.”

(Passim – Jn. 6 & 5)

### **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our sorrowful Mother, receive the homage of the spiritual treasures, that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and the Holy Spirit, we offer you the Most Precious Blood of

our Lord Jesus Christ as a sacrifice of adoration to the glory of your will which wants the salvation and sanctification of all people, in the universal sanctification.

2. We offer you the Most Precious Blood of our Lord Jesus Christ as a Sacrifice of thanksgiving to the glory of your loving wisdom which has given us so many treasures and sources of graces in the sacraments and in prayer, for our sanctification.

3. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice or reparation to the glory of your loving justice, for our many ignorances and impediments, negligences and abuses, concerning the graces of sanctification.

4. We offer you the Most precious Blood of our Lord Jesus Christ as a sacrifice of intercession to your loving mercy so that you may grant us to ascend from grace to grace, until we reach the divine union, which is the ultimate fruition of every grace.

5. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant to every soul, coming into this world, to quickly receive the grace of baptism, and to maintain the baptismal innocence until its birth into heaven.

6. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant to every faithful to quickly receive the grace of confirmation, with its spirit of spiritual battles and victories, proper of the holy militant church.

7. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may transform every soul into perfect, perpetual worshiper, a daily communicant, and a victim of love for Jesus in the Eucharist.

8. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant all sinners to receive, without delay, sacrament absolution, and the grace of further purification with works of penance.

9. We offer you the Most Precious Blood of our Lord Jesus Christ so that all the dying may receiving the fulfillment of the sanctification through the anointing of the sick, so that soon after death they may come directly to you.

10. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may send innumerable vocations and many cultivators of vocations, in order to provide religious orders with worthy members, and your church with holy ministers.

11. We offer you the Most Precious Blood of our Lord Jesus Christ so that every family may become like the Holy Family of Jesus, Mary and Joseph, with generations of saints, and the

whole human family may thus become the kingdom of your love.

12. We offer you the Most Precious Blood of our Lord Jesus Christ so that every soul may receive all the edification of the sacred scriptures and of the liturgy of the church as well as of the lives and images of the saints.

13. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to fill the world in which we live with the divine blessing of the sacraments.

14. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to sanctify all the objects and actions by elevating them to be spiritual signs and goals, through the invocation of the Most Holy Trinity and the sign of the cross.

15. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to properly receive and use the graces of vocal and mental prayer, especially the most apostolic and unitive ones, in the perfect communion of the saints.

16. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the grace of discovering, conquering and developing the hidden treasure in the great sacrifice of the mass, and in the lesser sacrifice of the offerings of the Most Precious Blood of our Lord Jesus Christ.

17. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the grace of adequately knowing and using all the ascetical means, for our spiritual means, for our spiritual growth, and especially the perfect observances of general and particular spiritual direction.

18. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of the fear of the Lord; grant that above anything else we may fear whatever may prevent us from possessing you and every disappointment that we might cause you.

19. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the wise organization and functioning of our lives and the lives of our neighbors, so that in our life in general, and in every action in particular, we may practice the perfection of the fruit of the Holy Spirit: Counsel.

20. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us a divine tenderness of love, in every supernatural relationship with you and with our neighbor with the perfection of holy piety.

21. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the ability to victoriously substitute our earthly miseries with eternal life, freeing us from

every fear, and enabling us to triumph over death, with the perfection of holy fortitude.

22. We offer you the Most Precious Blood our Lord Jesus Christ so that you may grant us to deeply understand every truth of faith, possess it in the fullness of light, and enlighten with it the whole life with the perfection of the gift of the Holy Spirit: Intellect.

23. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to judge everything concerning human beings in harmony with our faith, with the perfection of knowledge.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that in the perfection of holy wisdom we may divinely judge everything concerning you, first cause of everything.

O adorable Trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift:

The divine love of perfect charity for you and for our neighbor, with all the fruits of the Holy Spirit, so that we may reach the highest levels of union with you. Amen.

### **EVENING PRAYERS**

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Rosary.

### **VISIT**

1. O my God, I recognize and worship, praise and love in your commandments, counsels and inspirations, the divine law, that is your own Nature, Persons, Perfections and Operations.

2. And you, Thought and Word of God, you have become man, you have become Jesus, my Lord God, my Master, my Savior! O crucified, O my Eucharistic Sacrament!

3. In you, O Jesus, I recognize and worship, praise and love the eternal, divine law, the divine perfections and Operations, the divine persons revealed to us and dwelling within us.

4. And now, O my Jesus, my Gospel, my Crucified, you are my commandments, counsels and inspirations; you are for me the reflection, the Word, the eternal law of God the Father.

5. O commandments, counsels, inspirations of God! O gospel of the bible and of the tradition, you are the manifestation of my God's will and glory!
6. O life of Jesus, example of Jesus, O virtues and works of Jesus, and especially you, passion and death of Jesus, sacrifice and sacraments of Jesus, you are my law!
7. Agony in the garden, betrayal and desertion of the disciples, strain and ignominy of the tribunals, scourging and crowing with thorns, you are my law!
8. Death sentence, postponement to Barabbas, journey to Calvary, anguish of heart in the encounter with Mary, atrocity of the crucifixion, agony and death, you are my law.
9. That I may become, as I should be, and as I want to be, another reproduction and as another incarnation and personification of you, divine law, living in my Jesus.

### **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All angels and saints of God, intercede for us.

Queen of all saints, Mediatrix of all graces and Mother of divine love, pray for us.

Sacred Heart of Jesus, unite us perfectly to your adorations, thanksgivings, reparations and prayers; make of us, with you, a host of sacrifice to the Divinity and sacrament to the souls.

### **EXAMINATION OF CONSCIENCE**

#### **(On the Spirit of Humility)**

#### **Become aware, my soul, before God:**

1. Did you vainly take pleasure in compliments, keeping them for yourself without attributing them to the Lord?
2. Did you fail in being totally reverent, obedient and observant for a spirit of independence?
3. Have you been cold toward others not humiliating yourself to grant forgiveness, or to ask for forgiveness?
4. Did you grow obstinate in your ways, even after convincing yourself interiority of the

contrary?

Act of contrition.

## **PRAYERS**

1. I recognize and confess that by myself I am nothing; even in my nature I need your creating and sustaining action.
2. I recognize that by myself I am nothing in my being and in my actions; I am even less than nothing in my spiritual life; I am in the most dire need of your habitual and actual graces, as well as of all prevenient, concomitant, ordinary and special graces.
3. I acknowledge and embrace my total dependency on you. I acknowledge and embrace my obligation to be absolutely and totally subject to you, since by myself I am incapable of any good deed.
4. I recognize and embrace – in my relationship with you – my trust in your mercy rather than in your justice. I also accept my necessary status of humility so that I may receive from your mercy, what I do not deserve from your justice.
5. I love the great law of prayer, I thank you for the precious talent of prayer. I consecrate myself to a life of prayer, as the only one fitting to my fundamental need of you.
6. You have given me the gift of my personality and my freedom; through these I become responsible for my actions; though these I am an image and likeness of you, ground of my being, but I have vilified and disfigured it with all my weakness and imperfections !
7. Here I am, O Lord, swerved by illusions and allurements of evil inclinations. Here I am enslaved by the tyranny of habits of lukewarmness. Here I am, without defense under the attacks of the world and of the devil. I place myself totally into your hands.
8. In my being I am always a limitation of your gift of life and perfection; in whatever I do, I am always below your expectation, and I impoverish your gift, even when I do not desecrate or abuse it.
9. O my Lord God, raise the throne of your mercy on my spiritual poverty. Grant that I may fling and unite myself to you with humility and trust, for your glory, O my God!
10. O my God and my All, Father, Son and Holy Spirit, your will be done, your love reign, your glory shine always more, in me and in everyone, as in yourself, O my God and my All!

(Litany of the Dying)

### **RENEWAL OF RELIGIOUS CONSECRATION**

O my God and my All! Father, Son and Holy Spirit! In communion with the holy Church, with Jesus, Mary and Joseph, and with your own divine Love, I offer, consecrate and espouse all myself to you alone, all myself to you forever, while with all my mind, with all my heart and with all my strength, I vow perfect poverty, chastity and obedience in this religious Congregation established for the service of vocations and of divine union.

I also solemnly promise servitude to the Church, in the clergy, fidelity to the Holy Family in the Congregation and love to you, Blessed Trinity in the Sacred Heart of Jesus. O Holy Trinity, accept this consecration for the greater glory of your name, for the fulfillment of your will and for the expansion of your kingdom of holiness.

O Divine Truth and Love!

O Divine Unity and Trinity!

O my God and my All!

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## **MARCH**

# **MORNING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

All Angels and Saints, etc.

### **PROGRESS OF THE SOUL**

1. O my God, O my God! Help me find my way and reach my goal; my deviations have been so many! Often I have tried to overdo or to avoid doing what I was supposed to. At times I have slowed down or gone backward; it seems as though I have lost track of my way and my goal!

2. Lord help me to be what I should be! On account of my wounds and deaths, my pride and dissipation, I must be pretty much twisted and mutilated, I must be some kind of

monstrosity!

3. Help me to reach, in each one of my faculties, the complete development of my body and soul, of my mind and heart in me, as well as in my dealing with you and my neighbors.

4. O my Jesus Crucified, you are the perfect image of what I should be! O feet and hands nailed to the cross, O scourged body, O head crowned with thorns, O bleeding heart!

5. O Eucharistic Jesus, O perpetual sacrifice to the divinity, O perpetual sacrament to humanity, O state of voluntary, supreme, universal immolation, you are my normal state!

6. O Jesus, Son of Mary, entrusted to St. Joseph as to a father, you lived the conditions of my life. O Jesus in the stable of Bethlehem, in the exile of Egypt, and in the private life of Nazareth.

7. In the forty days of fasting in the desert, in the peregrinations as Teacher of the gospel throughout the towns of Israel, in the abuses suffered in the tribunals, at Calvary, on the cross, in your death.

8. O Jesus in the ascension to heaven, O Jesus at the right hand of the father, O Jesus handing over the Kingdom to the Father, O Jesus resting in the bosom of the Father, you are my final state, you are what I shall be.

9. Grant that this truth of Jesus-my-ideal may be reproduced in me with your charity, so that I may grow in each of my fibers, both internally and externally, till I reach the height of the stature of Jesus.

### **TO THE BLESSED VIRGIN MOTHER OF GOD**

Hail Mary, Daughter of God the Father; Hail Mary, Mother of God the Son; Hail Mary, Spouse of the Holy Spirit; Hail Mary, temple of the Most Holy Trinity; Hail Mary, my lady, my treasure, my beauty. Queen of my heart, my Mother, my life, my most dear sweetness and hope, you are my very heart and soul. I am all yours, and everything that I have is yours, O loving Queen, O blessed Virgin. May then your soul be within me to magnify the Lord, may your spirit be within me to magnify the Lord, may your spirit be within me to rejoice in the Lord.

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Examination of Conscience.

## **VERSES FROM THE BIBLE**

"Lord who believed the message we told? To whom did the Lord reveal his power? It was the will of the Lord that his servant grow like a plant taking root in dry land. He had no dignity or beauty to make us take notice of him."

"In great anguish he prayed even more fervently: "Father, if you will, take this cup of suffering away from me." And his sweat like drops of blood falling to the ground."

"There was nothing attractive about him, nothing that would draw us to him. We despised him, rejected him. He endured suffering and pain. No one would even look at him – we ignored him because he was nothing."

"And they found him guilty: they condemned him to die; they spat on him, they covered his face and they started beating him."

"Once they had Jesus whipped, they took him inside to the courtyard of the governor's palace called together the rest of the company. They put a purple robe on him, made a crown out of thorny branches, and put it on his head."

"Then they began to salute him; they beat him over the head with a stick, spat on him, fell on his knees, and bowed down to him."

"When they had finished mocking him, they took off the purple robe and put his clothes back on him; then they led him out to crucify him; they led him to a place called Golgotha; they offered Jesus wine mixed with a bitter substance and crucified him."

"They crucified him with bandits, one on his right and the other on his left. The chief priest, the teachers of the law and the elders made fun of him; the soldiers also made fun of him; they came up to him and offered him cheap wine."

"It was about twelve o'clock when the sun stopped shining and darkness covered the whole country until three o'clock; and the curtain hanging in the temple was torn in two. Jesus cried out in a voice, "Father! In your hands I place my spirit."

"Standing close to Jesus' cross was his Mother. When they saw that he was already dead, one of the soldiers plunged his spear into Jesus' side."

"But he endured the suffering that should have been ours, the pain that we should have borne while we thought that his suffering was punishment sent by God. But because of our sins he was wounded, beaten because of the evil we did."

"That is why my eyes are overflowing with tears. No one can comfort me; no one can give me courage."

## **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our sorrowful Mother, receive the homage of the spiritual treasures, that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and Holy Spirit, we offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of adoration to your divine perfections and operations, which we honor in our devotions.
2. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of thanksgiving to your divine perfections and operations, of which we partake in our devotions.
3. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of reparation for all our ignorance, negligence and profanations in our devotions.
4. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of intercession for the knowledge and practice, for the spirit and apostolate of holy devotions.
5. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the holy militant church, and perfect communion with its faith and zeal of love.
6. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the holy suffering church, and perfect communion with its hope and contrition of love.
7. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the holy triumphant church, and perfect communion with its glory and triumph of love.
8. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the Holy Father the Pope, to the bishops, priests and religious, to all those in authority and to our neighbor.
9. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to St. Peter, St. Michael, St. Joseph, to our guardian angel and to the saint whose name we bear.
10. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the Blessed Virgin Mary, Mother of God and our Mother, and the perfect communion with the purity, humility and charity of her immaculate heart.

11. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the Incarnation and childhood of our Lord Jesus, and the perfect child-like spirituality, necessary in order to enter into heaven.
12. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the Holy Name of Jesus in the perfect communion with the divine authority expressed by that name, and with the glorious salvation that it brings about.
13. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the hidden life of our Lord, and the full communion with his humility, obedience and laboriousness of love.
14. We offer you the Most Precious Blood of Our Lord Jesus Christ so that you may grant us perfect devotion to the public zeal, meekness and power of love.
15. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the divine words contained in the scriptures and in history, and the perfect communion with the divine love which they announce.
16. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the sorrowful life of our Lord in the full communion with his priesthood, sacrifice and sacrament of love.
17. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to his Most precious Blood shed for us, in the full communion with its intercession, redemption and sanctification.
18. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the Sacred Heart of Jesus, in the full communion with his thorns, with his cross, with his wounds and flames.
19. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the divine Eucharist, sacrifice and sacrament, and the perfect communion with his mystical death and his divine love.
20. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the glorious life of our Lord, and the perfect communion with his resurrection and ascension.
21. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to all your divine examples given to us in the person of Jesus and of the saints, and the perfect communion with their spirit, works and merits.
22. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to all divine perfections, in the perfect communion with your vocations and mission in time, and with your divine complacencies and predilections.

23. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to you, Father, Son and Holy Spirit, and the perfect communion with your divine in dwelling in the soul.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect devotion to the divine union so that with your grace and your love we may reach it as soon as possible even in this life.

O adorable trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift:

The divine love of perfect charity for you and for our neighbor, with all the fruits of the Holy Spirit, so that we may reach the highest levels of union with you.

Amen.

### **EVENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Come, Holy Ghost,

Angelus,

Rosary.

### **VISIT**

1. O my Lord Jesus Christ, O divine Word and Incarnate Son and Sacrament! You are with us in this state of immolation as sacrifice for the sinners, and as a sacrament of divine life, grant that I may live and die with perfect contrition and most perfect charity for you.

2. I acknowledge my serious responsibility in your passion and death. I beg your forgiveness for the painful abandonment you suffered in the mortal anguish of the agony in the garden, in the sweating of blood. Forgive me for the sleeping of the disciples, the kiss of the traitor, the humiliation of the arrest, and the violence of the tribunals.

3. Forgive me, Lord, for having preferred mere human beings to you. Forgive my part in that spitting, and in that sentencing of you as insane, blasphemer, and undeserving to live; I have really been guilty of this every time I have misused spiritual principles, and bible verses in order to content myself with lesser good.

4. O that tremendous scourging, when with roaring lust they tried to over the most painful

wailing of your humanity; when with satanic looks they tried to reciprocate for your most sweet looks imploring the end of sin rather than the end of your slaughter.

5. O unheard of cruelty of the crowning with thorns, made more painful by beating on the head with the stick. I am sorry, Lord, I feel guilty of this on account of my persistence in my voluntary and cherished faults!

6. Forgive me for the heavy cross that you had to carry, even while you were exhausted and bleeding all over. Forgive me for your journey to Calvary under the heavy load. Forgive me for your falls, and for that forced help you receive from Simon. Forgive me for the encounter with the most burning and agonizing tears of the Virgin Mother!

7. Forgive me your crucifixion under the fierce eyes of the executioners and of the spectators, under the eyes of the Virgin Mother! O most beautiful and most sweet humanity of Jesus totally lacerated and disfigured! Forgive me the hours of your agony, and those of the Virgin Mother with you. Forgive me that thirst of yours for me, the abandonment!

8. With an infinite desire or understanding and corresponding to your love, I adore, O Jesus, your interior passion and death, while contemplating what those whom you love did to you. I adore your infinite holiness and generosity with which you offered yourself to the father for the salvation of the world.

9. O my Lord Jesus Christ, O divine Word made man, O Jesus Crucified and present in the Blessed Sacrament! I adore you; I thank you and love you. Grant, I beg you, that I may be alone wounded of love from your thorns and your nails; all wounded by the spear that opened your heart. Grant that I may live and die in perfect charity.

Amen.

#### **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

All Angels and Saints of God, intercede for us.

Queen of all Saints, Mediatrix of all graces and Mother of divine love, pray for us.

Sacred Heart of Jesus, unite us perfectly to your adorations, thanksgivings, reparations and prayers; make of us with you, a host of sacrifice to the divinity and a sacrament to the soul.

#### **EXAMINATION OF CONSCIENCE**

### **(On the spirit of prayer)**

Become aware, my soul, before God;

1. If you have not been faithful to all community practices of piety.
2. If you started your prayers, without preparation more or less distracted as you were.
3. If you did not eliminate the external causes of distraction; if you have not been modest and reflective.
4. If you have not seriously cooperated with God's grace in your mental prayers.

### **EXHORTATION**

1. My soul, another day has passed. Here you are closer to eternity. O that you might also be closer to the divine union!
2. Before presenting yourself to the Lord, purify yourself of the faults, which you have incurred on your way; repent and wash yourself in the blood of Jesus.
3. Before entrusting this day to the Lord, compensate for all the good that you could have done, but did not do, with the virtues and merits of Jesus.
4. Before abandoning yourself to this partial death, that is sleep, resolve to live a life of more perfect charity, if the Lord will grant you another day.
5. Look, all you creatures! When you are made visible by the light of the day, you proclaim that God loves you; and now, covered by the darkness of the night, you announce: "Here, the Lord comes!"
6. It is the holy meditation of tomorrow morning that will give Jesus to you in his divine conversation; it is the holy communion of tomorrow that will give him to you more intimately than in an embrace, and more affectionately than in a kiss.
7. Death gets closer to free you from the labors of time, and to introduce you into the paradise of divine love, and of the divine union with him.
8. Why are you afraid? What do you mourn over? Do not try to see in him the judge! At the threshold of eternity do not look only at the divine tribunal.
9. He is truly the Father, the brother, the Spouse of the souls. All living beings long for and

continually cry out: "Amen, come, Lord Jesus!"

10. O my God and my All, Father, Son and Holy Spirit, you will be done, you love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All.

(Litany for the Dying, or a Psalm.)

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## **APRIL**

# **MORNING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

All Angels and Saints, etc.

### **VOCATIONS**

1. O my God and my All, Father, Son, and Holy Spirit, here I am since you have called me! I adore the divine, eternal vocations with which you draw all souls and mine to you.
2. Not only once but perpetually you have called me from nothingness to life, from among the living to faith, from among the Christians to religious life, to a state of continuous, higher holiness.
3. In your calling me I see the evidence of your adorable predilection, the proof of the inexpressible esteem that you have for me among the possible, the living, and the Christians, O my Lord.
4. What do you want me to do? Here I am since you called me! Speak, your servant is listening. Oh that I may be aware, feel and follow you're calling with more docility, fidelity and generosity!
5. Your vocation requires me that I direct myself to you and follow you, detaching and separating myself from worldly creatures. You have called me, and you want that I come to you and be with you forever.
6. As I come out of nothingness, so may I come out of myself, in such a way that the world

and myself may be as nothing in my mind and my heart.

7. Should the world that you placed in the space for me really concern me? Does the living atom that is my own self that you have put together, and that feels so good in your hands, does it really matter to me. O Lord?

8. I constantly hear within myself your divine vocation that requires my continuous conversion to you, toward a progressive consecration, toward a perfect union with you, O Lord.

9. Separated from the world and my own self, what else do I have to separate myself from, in order to convert myself to you? After having reduced the world and myself to nothing in my mind and heart, what else do I have to do? Tell me, Lord.

10. O my God and my All, O father, Son and Holy Spirit, your will be done, your love reign, your glory shine always more in me and everyone as in yourself, O my God and my All.

### **TO THE BLESSED VIRGIN MOTHER OF GOD**

O blessed Virgin Mother of God, in a very special way you love, protect and help the priests even in their material needs.

Put in our minds and hearts your thoughts and feelings, so that we may have toward them a supernatural loving heart.

Grant that we may help them in their ministries with that cooperation that our vocation requires for the glory, love and will of the most holy trinity. Amen.

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, O Holy Ghost,

Angelus,

Examination of Conscience.

### **VERSES FROM THE BIBLE**

"I am the good shepherd, who is willing to die for the sheep. The Father loves me because I am willing to give up my life, in order that I may receive it back again."

"No one takes my life away from me. I give it up of my own free will. I have the right to give it up, and I have the right to take it back.

That is what my Father has commanded me to do."

"No one can snatch them away from me. What my Father has given to me is greater than everything, and no one can snatch them away from me. What my Father has given to me is greater than everything, and no one can snatch them away from the Father's care. The Father and I are one."

"Do not believe me then, if I am not doing the things my Father wants me to do. But if I do them, even though you do not believe me, you should at least believe my deeds, in order that you may know once and for all that the Father is in me and that I am in the Father."

"I am the real vine and my Father is the gardener. He breaks off every branch in me that does not bear fruit, and he prunes every branch that does not bear fruit, so that it will be clean and bear more fruit."

"My Father's glory is shown by your bearing much fruit; and in this way you become my disciples."

Philip said to Him:

"Lord, show us the Father; that is all we need."

"For a long time I have been with you all; yet you do not know me? Whoever has seen me has seen the Father. Why, then, you say – Show us the Father? Who sees me, sees my Father also."

"Father, the hour has come; give glory to your Son, so that the Son may give glory to you. I have shown your glory on earth; I have finished the work you gave me to do."

"If I were to honor myself, that honor would be worth nothing. The one who honors me is my Father – the very one you say is your God -."

"Father, My Father! All things are possible for you. Take this cup of suffering away from me. Yet not what I want, but what you want."

"Peter, put your sword back in its place! Do you think that I will not drink the cup of suffering which my Father has given me? Don't you know that I could call on my Father for help, and at once he would send me more than twelve armies of angels?"

"Father into your hands, I commend my spirit."

### **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our sorrowful Mother, receive the homage of the spiritual treasures that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and Holy Spirit, we offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of adoration to your work of creation, redemption and sanctification, for us and for all.
2. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of thanksgiving for the work of creation, redemption and sanctification for us and for all.
3. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of reparation for all damages we have caused in our own selves to the work of creation, redemption and sanctification.
4. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of intercession for perfect knowledge of and cooperation with your divine works.
5. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of the studies of dogmas and petrology, moral, pastoral, ascetical and mystical theology.
6. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of all sciences that are auxiliaries to the study of sacred theology; grant that we may use every science as auxiliary to sacred theology, so that we may learn all human knowledge from its theological aspect, and may possess the theology of every science.
7. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to avoid any resemblance or sense of error, especially in theology: grant that we may discover and appreciate all fragments of truth, shining or hidden in every error.
8. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may grant us that in our studies we may never waste our time in useless and irrelevant trivia; grant that we may quickly grasp the practical aspect of every truth, and thus sanctify ourselves and the souls.
9. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of the studies of philosophy, which may elevate our reason to be a disciple of

the divine wisdom in the practice of the faith.

10. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of the studies of history, so that it may show us the divine intervention in the world.

11. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of the studies of natural sciences, so that they may reveal to us the power, wisdom and goodness of the creator.

12. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of the study of physics and mathematics, so that they may reveal to us the laws and necessity of the divine being.

13. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of the studies of ascetical sciences so that they may help us to love the divine beauty in its various created expressions.

14. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of the studies of languages, so that we may better sing the divine praises and announce the divine message.

15. We offer to you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of arts and crafts, so that every soul may find them valid help for spiritual work.

16. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us internal and external perfection of the work of the divine vocations to faith, to the priesthood and to holiness.

17. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us internal and external perfection of missionary activities, for the coming of the kingdom of faith in the world.

18. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us internal and external perfection of missionary activities, among the faithful, for the coming of the kingdom of holiness in the world.

19. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us internal and external perfection of all catechetical and educational activities for a saintly education of the youth.

20. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of the spiritual and corporal works of mercy, both individually and socially, so that we may foster the sanctification of every soul and the elevation of all people to form the city of saints.

21. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us internal and external perfection of the work of consecrating individuals, families and kingdoms to the Sacred Heart, for the triumph of your divine love on earth.

22. We offer to you the Most Precious Blood of our Lord Jesus Christ so that you may grant us internal and external perfection of all ascetical and liturgical activities for the increment of public and private worship, for universal sanctification.

23. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us internal and external perfection of Eucharistic activities, of perpetual adoration and daily communion for our divine union.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that the Holy Church may constantly bloom with holy works, and so that the works may always bloom with great saints, until the end of time.

O adorable Trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift:

The divine love of perfect charity for you and for our neighbors, with all the fruits of the Holy Spirit, so that we may reach the highest levels of union with you.

Amen.

### **EVENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Rosary.

### **VISIT**

1. O my Lord Jesus Christ, O divine Word and incarnate Son, I believe in you and worship you present for me in this memorial of your passion and death, O my Jesus, true God and

true man.

2. I see clearly in your crucifixion the work of sin and a reflection of the condition of the sinner's soul. All deadly wounds, all agonies and abandonment's, a continuous falling from one abyss to another.

3. I also see in you, my risen Jesus ascending to heaven the work and the value of the redemption in the soul of the converts. All glory of life, all happiness of divine union, all elevation to heaven.

4. In view of your glorious redemption it seems useless to regret what was lost on account of original sin; there is no reason to be discouraged for the many steps we have to retrace.

5. What you had wonderfully created and ordered, was diabolically ruined and turned upside down by our sins, but in a more wonderful way you have redone, ordered and elevated above its original splendor.

6. As a consequence of your redemption we are not an accumulation of ruins of which one tries to utilize the fragments; we are not a twisted and broken thread that one is trying to put together; now we are a new building, greater and more majestic than the first one, a new and better world.

7. Not shameful scars of painful memories, but today eyes filled with tears, tomorrow eyes filled with sparkling light; as in your glorified body your wounds remained as stigmata, sources of brightness.

8. You have glorified your holiness in its hatred for sin, not destroying the sinner in his perversion, but destroying the sin in the soul of the sinner, transforming in cause of good what were the effects of evil.

9. And you have taken upon yourself all sins, in order to annihilate them and transform their effects into something good; you operate the same work of salvation in all those who come to you.

10. Amen, O my Jesus. I want to become one with you in your divine fire of hatred and love; in your divine blood of love and sorrow, in every possible form of contrition for me and compassion for you.

## **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Angel and Saints of God, etc.

## **EXAMINATION OF CONSCIENCE**

### **(on the spirit of charity)**

Become aware, my soul, before God:

1. Did you use offensive words, or words that in any way could displease your neighbors?
2. Did you complain, criticize, and slander anybody in any way?
3. Did you entertain in your mind thoughts or unfavorable suspicions about anybody?
4. Did you harbor in your heart bitterness, dislike, and indifference toward anybody without trying to control yourself?

Act of Contrition.

## **NATURAL GIFTS**

1. Space and time open before me the book of nature, I understand it; every element, every happening, every law is like a note of the song of your infinite love for me!
2. Thank you, my Lord, for every strip of blue sky, for every ray of light, for every smile of the stars, for every gamut of colors, for the harmony of sounds, for every beauty of panorama.
3. Thank you for every rest of sleep, for every use of animals, for every positive aspect of life, for every affection of friends, for every tenderness of mother, for every impulse of good emotion.
4. Thank you for every caress of dawns, for every kiss of flowers, for every pleasant warmth of fire, for every refreshment of waters, for every sweetness of taste, for every fragrance of perfume.
5. Thank you for every spark of genius, for every law of reason, for every sanction of conscience, for every energy of will, for every human achievement, for every enthusiasm of ideals.
6. Thank you for every sweat of work, for every bitterness of tears, for every roaring of storms, for every dawn of childhood, for every sunrise of youth, for every midday of life, for

every sunset of death and every shadow of night.

7. Thank you, Lord, because you have made all these natural gifts, such an expressive sign and such a clear manifestation of supernatural gifts!

8. If was your will, Lord, that grace should not replace nature, but should elevate it to a level of superior truth and beauty, charity and sweetness.

9. May the Saints and Angels open for me the book of your grace, and with the voice of the infallible magisterium of the church, may they read and explain to my soul the Holy Scriptures and tradition!

10. O my God and my All, Father, Son, and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All.

(Litany for the Dying, or a Psalm.)

### **PRAYER TO ST. FRANCIS**

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is pardoning that we are pardoned; and it is in dying that we are born to eternal life.

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## **MAY**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Angel and Saints of God, etc.

### **CHRISTIAN VIRTUES**

1. O most holy Trinity, Father, Son and Holy Spirit, I firmly believe in you and in everything that the holy, catholic church teaches, because you are the infallible truth that has revealed it!

2. I firmly hope to possess you with your grace in this life and in the glory of paradise, through the merits of Jesus Christ, because you, O infallible fidelity, have promised it!
3. Since you are the essence of every good, I love you more than any person, more than anything. I want to love you as you deserve, I want to be one with you as you wish, for your greater glory!
4. I hate sin more than any other evil; I detest my sins more than any other evil, because they are my hell, the death of Jesus Christ, and the greatest offense to you, O my supreme good! In me and in everybody I want to fight sin till death!
5. Because of you, I love all souls as I love myself; and for all souls I want that supreme good that is you; I am willing to give my life for their salvation and sanctification!
6. Grant me, O Lord, that in the virtue and practice of prudence, I may order and dispose of all my things and those of the people who depend upon me, as it is convenient for the perfect execution of each Christian virtue, in every moment.
7. Grant me, O Lord, in the virtue and grace of justice that I may respect and keep all good relations with my neighbor, superiors, equals, dependents, respecting the personality and the function of every human being.
8. Grant me, O Lord, in the virtue and grace of holy fortitude that I may resist all fears, and that I may resist all fears, and that I may control even the most daring motion of audacity, so that I may never betray my sacred, religious obligations.
9. Grant me, O Lord, in the virtue and grace of holy temperance that I may abstain from every unlawful and unnecessary pleasure of my senses, especially of touch, for the increment of my spiritual life.
10. O my God and my All, etc.

### **TO THE VIRGIN MOTHER OF GOD**

O Blessed Virgin Mother of God and my Mother, O sorrowful co-redemptrix of mankind, and glorious Mediatrix of all graces, "To you I offer and consecrate all that I am, and all that I have, electing you today as my Mother and Patron; treat me as the least of your children, and as the most humble of your slaves.

O my Queen, listen to the longing of my heart that desires to love and serve you most faithfully.

Let it never be said, that of all those who have recourse to you, I be the first one to be left unaided.

O my Hope, O my Life! O my faithful and Immaculate Virgin Mary, defend me, nourish me, hear me, teach me, and save me. Amen!

(St. Louise M. De Monfort)

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Examination of Conscience.

### **VERSES FROM THE BIBLE**

"I have much more to tell you, but now it would be too much for you to bear. When, however, the Spirit comes who reveals the truth about God, he will lead you into all the truth."

"It is better for you that I go away, because if I do not go, the Helper will not come to you. But if I do go away, then I will send him to you. I will ask the Father, and he will give you another Helper, who will stay with you forever. He is the Spirit that reveals the truth about God."

"The world cannot receive him, because it cannot see him or know him. But you know him because he remains with you and is in you."

"I have told you this while I am still with you. The Helper, the Holy Spirit, whom the Father will send in my name, will teach you everything and make you remember all that I have told you."

"God has poured his love into our hearts by means of the Holy Spirit, who is God's Gift to us."

"Surely you know that you are God's temple and that God's Spirit live in you."

"Let the Spirit direct your lives, and you will not satisfy the desires of human nature. For what our human nature wants is opposed to what the Spirit wants, and what the Spirit wants

is opposed to what our human nature wants. These two are enemies, and this means that you can change what you want to do.”

“If you live according to your human nature, you are going to die; but if by the Spirit you put to death your sinful actions, you will live. Those who are lead by God’s Spirit, are God’s Sons.”

“But you do not live as your human nature tells you to; instead, you live as the Spirit tells you to – if, in fact, God’s Spirit lives in you. Whoever does not have the Spirit of Christ does not belong to him.”

“The Spirit that God has given you does not make you slaves and cause you to be afraid; instead, the Spirit makes you God’s children, and by the Spirit’s power we cry out to God, “Father, my Father!” God’s Spirit joins himself to our spirits to declare that we are God’s children. Since we are his children, we will possess the blessings he keeps for his people, and we will also possess what God has kept for him.”

“The Spirit produces love, joy, peace, patience, kindness, goodness, faithfulness, humility, and self control. Those who belong to Christ have put to death their human nature with all its passions and desires.”

“It is not just creation alone that groans; we who have the Spirit as the first of God’s gifts also groan within ourselves as we wait for God to make us his sons and set our whole being free.”

“If the Spirit of God, who raised Jesus from death, lives in you, then he who raised Jesus from the dead will also give life to your mortal bodies by the presence of his Spirit in you. If Christ lives in you, the Spirit is life for you.”

“The Spirit also comes to help us, weak as we are. For we do not know how we ought to pray; the Spirit himself pleads with God for us in groans that words cannot express. And God, who sees into our hearts, knows what the thought of the Spirit is, because the Spirit pleads with God on behalf of his people and in accordance with his will.”

### **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our Sorrowful Mother, receive the homage of the spiritual treasures, that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and Holy Spirit, we offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of adoration to the majesty of your divine attributes, in your

own self and in the virtues of Jesus Christ and the saints.

2. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of thanksgiving for revealing to us your divine attributes, and for inviting us to imitate them by the example of the virtues of Jesus and of the saints.

3. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of reparation for our lack of knowledge, our negligence and oppositions to your divine attributes and to the virtues of Jesus and the example of saints.

4. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of intercession for the perfect, internal and external devotion to your divine attributes, through the imitation of the virtues of Jesus and the example of the saints.

5. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect communion with the saints, the angels and the Blessed Mother, and Jesus in the eucharist, in glorifying your divine perfections.

6. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfect knowledge and love, likeness and apostolate of the purity and modesty of our Lord.

7. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge and love, likeness and apostolate, of the humility and poverty of our Lord.

8. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge and love, likeness and apostolate of the obedience and fidelity of our Lord.

9. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge and love, likeness and apostolate of the obedience and fidelity of our Lord.

10. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge and love, likeness, and apostolate of the prayer and zeal of the Lord.

11. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge and love, likeness and apostolate of the fortitude and sweetness of our Lord.

12. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge and love, likeness and apostolate of the love for God and neighbor of our Lord in the Holy Spirit.

13. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to harmonize the fear of you with the love of you, and that we may propagate it imitating you own life and divine spirituality.

14. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to harmonize the fear of you with the love of you, and propagate it on the model of your divine Unity and Trinity.

15. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to harmonize the fear of you with the love of you, and propagate it with your own divine truth and goodness.

16. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may enjoy your divine immensity and infinity while harmonizing in our lives the fear of you with the love of you.

17. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to enjoy your divine eternity and immutability with perfect harmony between the fear of you and the love of you.

18. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to enjoy your divine invisibility and knowledge; grant that we may enjoy ourselves and spread to others perfect balance between the fear of you and the love of you.

19. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may enjoy in our own lives and share with others perfect balance between the fear of you and the love of you.

20. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may enjoy your divine omnipotence and holiness while perfectly harmonizing the fear of you with the love of you in our own lives and in others.

21. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to enjoy your divine wisdom and providence while perfectly harmonizing the fear of you with the love of you in our own selves and in others.

22. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to enjoy your divine love and freedom while perfectly harmonizing the fear of you with the love of you in our own selves and in others.

23. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to enjoy your divine mercy and justice while perfectly harmonizing the fear of you with the

love of you in our own selves and in others.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to enjoy your divine beauty and happiness while perfectly harmonizing the fear of you with the love of you in our own selves and in others.

O adorable Trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift:

The divine love of perfect charity for you and for our neighbor, with all the fruits of the Holy Spirit, so that we may reach the highest levels of union with you.

Amen.

### **Evening Prayers**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Come Holy Ghost

Angelus

Rosary

### **VISIT**

1.O my Lord Jesus Christ, O divine Word and Incarnate Son, I believe in you and adore you present for me in this memorial of your passion and death, O Jesus, true God and true man.

2.O my God and my All! Oh, what you have done for me, Father, Son and Holy Spirit! Lo, my Jesus, the immensely loving Jesus, there he is among the sinners!

3.O my God Father, O my God Holy Spirit, the passion of the soul and body of Jesus continues before the very eyes of the Angels, and Saints, of the Blessed Mother and yours.

4.His agony and sweat of blood goes on without ever ceasing, as goes on his arrest and the dragging through the tribunals, still are repeated the infamies of illegal trials!

5.The scourging and the crowning with thorns, the mockery, the hitting, the spitting, the postponement to Barabbas, still go on!

6.Every day are repeated the injustices of his condemnations; and his journeys to the Cal

varies of the world under the heavy burden of the cross!

7. Every day continues the stripping of his garments and the crucifixion. They continue to quench his thirst with vinegar mixed with myrrh. Jesus continues to suffer the abandonment and the agony of the cross, as well as his death.

8. Jesus' advent and birth, his example and words, as well as the benefit of his miracles continue today in the world and in the souls.

9. His passion continues in the sacrifice and sacrament of the Eucharist, which are inventions of his love; it continues also in the perversion of the sinners, moved by the evil spirit.

10. So must continue in each soul the spirit of the patriarchs and prophets, the spirit of the apostles and martyrs, the spirit of Joseph and Mary, for the compassion and cooperation with Jesus.

## **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All Angels and Saints of God, Intercede for us.

Queen of all Saints, Mediatrix of all graces and Mother of divine love, pray for us.

Sacred Heart of Jesus, unite us perfectly to your adorations, thanksgivings, reparations and prayers; make of us with you, a host of sacrifice to the divinity and a sacrament to the souls.

## **EXAMINATION OF CONSCIENCE**

### **(On the spirit of purity)**

Become aware, my soul, before God:

1. Did you observe in public and in private all the rules of Christian restraint, modesty, and personal dignity?

2. Did you reject promptly and firmly any bad imagination and thought?

3. Did you enjoy internal sensations and external words, or other expressions of excessive affection?

4. Did you try to hide from your superiors any object, relation or correspondence?

Act of Contrition

### **SUPERNATURAL INSTINCTS**

1. O my God and my All, Father, Son, and Holy Spirit! O infinity, O eternity, O immensity of life and sweetness, of glory and love
2. I long for you, my God, from the limitations of space and time, from the anguish of vulgarity and mediocrity; I long for you, my God, from the distress of my incapability's and deficiencies, as well as from those of all creatures!
3. My God! My God! Every day, every moment, I wish for deeper thoughts and sentiments, more successful works and spiritual fights, more outstanding achievements and actions, greater elevations and expansions.
4. You know, my God and my All, that I long for you with these impulses and flights of my mind, with these groans and outcries of my heart, with these cravings and quiverings of my whole being!
5. Because you alone, my God and my All, you alone, Father, Son and Holy Spirit, are the infinity, the immensity and eternity of life and goodness, of beauty and sweetness, glory and love that I long for!
6. O my God and my All, every soul, even the worst sinner, acknowledges you and implores you in the longing for your endless goodness, that everyone has in his mind and cherishes in his heart.
7. All human beings acknowledge you, my God and my All, in the search for the endless goodness. In vain human beings try to find this goodness in all creatures. They cannot renounce the search for this goodness because it derives from the effect of your very existence, O my unique necessary being!
8. Even in the voices of sin that come to you – unfortunately to offend you – there is the acknowledgement of your divine being; there is a plea against evil itself!
9. I long for you, my God, because you are the only one who can properly punish sin; because only you can cancel the stain of sin, because only you can destroy the kingdom of evil, because only you can save everything and everyone.
10. O my God and my All, Father, Son, and Holy Spirit may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All.

(Litany for the Dying, or a psalm)

[Take me Top](#)

# JUNE

## MORNING PRAYER

In the name of the Father, and of the Son and of the Holy Spirit. Amen

All Angels and Saints, etc.

### INTENTIONS AND PROTESTATIONS OF LOVE

1.O adorable Trinity, I want and intend to perpetually and properly worship and love you for every perfection; I want and intend to thank and praise you for all your benefits granted to me and to every creature.

2.O adorable Trinity, I want and intend to adequately and perpetually satisfy and console you for every offense; I want and intend to propitiate and implore you for every grace that you want to grant to me and to every creature.

3.Consequently I protest against every action and every way of life, every particle and instant that is not totally proceeding from you, or that is not totally tending toward you. I protest against everything that is not totally and always pure love for you.

4.I protest against every action and every way of life every particle and instant of my being that is not a total fullness of you. I protest against everything that is not done exclusively for you. I do not want any part in anything that is not totally and always pure love for you.

5.I protest against every act and state, atom and instant of my being that is not totally with you. I want to be totally and always in you, in perfect union with your intentions. I protest against everything that is not totally and always pure love for you. 6. I protest against every act and state, atom and instant against every goal, object and circumstance that is not totally and always pure love for you.

6.I protest against every act and state, atom and instant of my being that is not totally yours. I protest against everything that is not in total cooperation with your grace. I want no part of anything that is not deserving of an increase of your grace. I protest against everything that is not totally and always pure love for you.

7.I protest against every act and state, atom and instant of my being that is not totally yours. I protest against everything that is not totally you, living and acting in your creatures, for the triumph and dominion of your love.

8.For your own glory according to your own will, and with your own love, O adorable Trinity,

grant me this supreme perfection of every act and state, atom and instant, for the triumph and dominion of your love.

9. In every act and state, atom and instant, I intend to offer you the Church and the Holy Family, your own perfections and delights, your Word and your Spirit, so that you may grant me this supreme perfection in everything, O my God and my All.

O my God and my all, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All.

### **TO THE VIRGIN MOTHER OF GOD**

O Blessed Virgin Mother of God, be a seal on my heart so that in you and for you I may be faithful to God.

For your goodness, grant that I may be counted

Among those whom you love, instruct, guide, nourish and protect as your children.

Grant that for your love I may despise every worldly pleasure, that I may aspire to the heavenly treasures till, through the Holy Spirit, your faithful Spouse, and through you, his faithful Spouse, may be formed in me Jesus Christ your Son, to the glory of God the Father.

(51. Louis M. De Montfort)

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost, Angelus,  
Examination of Conscience.

### **VERSES FROM THE BIBLE**

"The prophets wrote: Everyone will be taught by God."

"Anyone who hears the Father and learns from him comes to me. This does not mean that anyone has seen the Father; he who is from God is the only one who has seen the Father."

"I am telling you the truth; he who believes has eternal life. I am the bread of life."

"Your ancestors ate manna in the desert and died.

This is the bread that came down from heaven. The one who eats this bread will

live forever."

"I am the living bread that came down from heaven. If anyone eats this bread, he will live forever. The bread that I will give him is my flesh, which I give so that the world may live."

"I am telling you the truth: if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in yourselves. Whoever eats my flesh and drinks my blood has eternal life, 'and I will raise him to life on the last day."

"For my flesh is real food; my blood is real drink; whoever eats my flesh and drinks my blood lives in me, and I live in him."

"The living Father sent me, and because of him I live also. In the same way whoever eats me will live because of me."

"This is, then, the bread that came down from heaven; it is not like the bread that your ancestors ate, but then later died. The one who eats this bread will live forever."

"Does this make you want to give up? Suppose, then, that you should see the Son of Man go up to the place where he was before? What gives life is God's Spirit; man's power is of no use at all. The words I have spoken to you bring God's life-giving Spirit!"

"Yet some of you do not believe. This is the very reason I told you that no one can come to me unless the Father makes it possible for him to do so."

"And you, would you also like to leave? I chose the twelve of you, didn't I? Yet one of you is a devil."

### **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our Sorrowful Mother, receive the homage of the spiritual treasures, that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and Holy Spirit, we offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of adoration for the infinite union which is the divine unity of your nature, O Father, Son and Holy Spirit.

2. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of thanksgiving for your kingdom on earth, which is the holy Catholic Church, in which you call us to be members of your divine family.

3. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of reparation for all faults and evil unions of people outside the one, holy, catholic and

apostolic church.

4. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of intercession for all the graces that every human association needs in order to enter, live and bear fruit in the one, holy, catholic and apostolic church.

5. We offer you the Most Precious Blood of our Lord Jesus Christ so that all members of the domestic society the family may enjoy perfect union with and growth in your truth and love.

6. We offer you the Most Precious Blood of our Lord Jesus Christ so that all members of our civil family, the nation, may enjoy perfect union with and growth in your truth and love.

7. We offer you the Most Precious Blood of our Lord Jesus Christ so that all members of the great human society of the nations may enjoy perfect union with and growth in your truth and love.

8. We offer you the Most Precious Blood of our Lord Jesus Christ so that your justice, truth and love may triumph above all human parties.

9. We offer you the Most Precious Blood of our Lord Jesus Christ so that all human governments may perfectly practice your truth, justice and love.

10. We offer you the Most Precious Blood of our Lord Jesus Christ so that all people, slaves of false religions, may experience the perfect conversion to the truth and unity of our faith.

11. We offer you the Most Precious Blood of our Lord Jesus Christ so that all people, slaves of heresy, may experience perfect conversion to the truth and unity of our faith.

12. We offer you the Most Precious Blood of our Lord Jesus Christ so that all the schismatics may experience the perfect conversion to the truth and unity of the holy church.

13. We offer you the Most Precious Blood of our Lord Jesus Christ so that all associations that are contrary to or indifferent toward the church may experience a perfect conversion to the zeal of faith and love.

14. We offer you the Most Precious Blood of our Lord Jesus Christ so that all sects and cults may become holy armies of faith and love.

15. We offer you the Most Precious Blood of our Lord Jesus Christ so that the spirit of faith, penance and prayer may triumph wherever there is a stable or temporary gathering of people.

16. We offer you the Most Precious Blood of our Lord Jesus Christ so that every teacher, leader, parent and every legitimate authority may possess the fullness of

the holy virtues, so that they may instill them in their dependents.

17. We offer you the Most Precious Blood of our Lord Jesus Christ so that your vicar, the supreme pontiff of the holy church, may enjoy continuous and progressive achievements.

18. We offer you the Most Precious Blood of our Lord Jesus Christ so that the cardinals and the Roman congregations may enjoy the splendor of the divine wisdom in the holy church.

19. We offer you the Most Precious Blood of our Lord Jesus Christ so that the sacred pastors may experience the glory of the kingdom of heaven in their dioceses.

20. We offer you the Most Precious Blood of our Lord Jesus Christ so that every pastor may enjoy the fervors and the consolations of the apostolate in his parish.

21. We offer you the Most Precious Blood of our Lord Jesus Christ so that every clergyman may enjoy perfect union - in spirit and work - with the eternal victim and priest, and with his vicar.

22. We offer you the Most Precious Blood of our Lord Jesus Christ for the universal triumph of truth, justice and love over all people and nations of Europe, Asia, Africa, America and Oceania.

23. We offer you the Most Precious Blood of our Lord Jesus Christ for the universal triumph of your kingdom over all beings, created by you, in space and time.

24. We offer you the Most Precious Blood of our Lord - Jesus Christ for the perfect fulfillment, both in heaven and on earth, of the divine prayer of the "Our Father", voice of the Most Precious Blood of the Sacred Heart of Jesus.

O adorable Trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift:

The divine love of perfect charity for you and for our neighbor, with all the fruits of the Holy Spirit, so that we may reach the highest levels of union with you.

Amen

## **EVENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost, Angelus,  
Rosary.

## VISIT

1. O my Lord Jesus Christ, O divine Word and Incarnate Son, I believe in you and adore you present for me in this memorial of your passion and death. I believe that it is you in person, O Jesus, true God and true man present in this sacrament.
2. I am not yet enjoying your intimacy, your confidence. Yet, you have given me a vocation to love, a mission to love. Grant that I may be totally in you.
3. Only three of your apostles you wanted in the intimacy of the infinitely sacred agony of your heart; the same three to whom you granted to enjoy your transfiguration.
4. They were able to enjoy with you, but they didn't know how to suffer with you! I cannot, I do not want to console myself with their example; they would be offended.
5. May they, with all the saints, and especially with the angel that consoled you in your agony, obtain for me that I may now be part of your passion, as they are part of your glory!
6. Only one was present at your death; the one whom you loved, and that I love with you. The pious women, that loved you, were also present at your death, and because of this I love them too.
7. To be with you, I need the perfect love of John and the perfect contrition of Mary Magdalene; if possible I desire an even more perfect love and contrition to be more intimately with you!
8. O Mary, I want your heart of Virgin, of Mother, of Co-redemptrix; your heart of Mater Dolorosa, Immaculate and Glorified. O mystery of sorrow!
9. O Jesus, you come to me in the sign of your cross, in the mystery of your passion, in your sacrifice, and I say:  
Amen!
10. I want to be in perfect communion with you! As you come into me, may I come into you through the sign of your cross, through the mystery of your passion, through your sacrifice.

## NIGHT PRAYERS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All Angels and Saints of God, intercede for us.

Queen of all Saints, Mediatrix of all graces and Mother of divine love, pray for us.

Sacred Heart of Jesus, unite us perfectly to your adorations, thanksgivings, reparations and prayers; make of us with you, a host of sacrifice to the divinity and a sacrament to the souls.

### **EXAMINATION OF CONSCIENCE (on the love for Jesus)**

Become aware, my soul, before God:

1. Did you renew your consecration to the divine love in the holy mass and communion, in the meditation and examinations of conscience?

2. Did you apply yourself to see, respect and serve Jesus, in the person of your neighbor?

3. When you felt the need to love and to be loved, did you direct your love totally to Jesus?

4. From all different locations, did you direct yourself toward Jesus in the Eucharist, and with him to the blessed Trinity, indwelling in your soul?

Act of Contrition.

### **PRAISE OF LOVE**

1. Oh! How infinitely great and good you are! How infinitely holy and sweet you are! How infinitely handsome and loving you are! May all creatures make me always more aware of this.

2. O my God, Creator of all things, Savior of all souls, Sanctifier of all those who love you! May my soul understand this in an always deeper way!

3. You alone are the infinite, the eternal, the immense, the unchangeable good, not by accident, but by essential goodness of nature and persons. May I always feel it more intimately!

4. Throughout the universe, there is no beauty, or harmony that is not a shadow, a reflection, or a sign of you. Glory and love to you forever!

5. Every flower, every star, every heart is exactly the flower, the star, the heart for our spirit, which was made for you! Glory and love to you forever!

6. Every flower, every star, every heart is only an image of you, witnessing you to the souls that want to love you, o my flower, o my star, o my heart! Glory and love to you forever!

7. In the divine simplicity you are every perfection. In the divine peace you are every activity. In the divine being you are every life. o Father, o Son, o Holy Spirit, o my All!

8. o first Principle, o absolute Sovereign, o ultimate goal of everything! To you alone all creatures owe the homage of the sacrifice of love. o Father, o Son, o Holy Spirit, o my All!

9. o God of love, Father of Jesus and my Father! o God of love, Son of the Father and my Brother! God of love, Holy Spirit of the Father and of the Son, and Holy Spirit of my soul!

10. o my God and my All, Father, Son, and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, o my God and my All.

(Litany for the Dying, or a Psalm.)

### **MAGNIFICAT**

Magnificat anima mea Dominum.

Et exultavit spiritus meus in Deo salvatore meo.

Quia respexit humilitatem ancillae suae: ecce enim ex hoc beatam me dicent omnes generationes.

Quia fecit mihi magna qui potens est, et sanctum nomen eius.

Et misericordia eius a progenie in progenies timen- tibus eum.

Fecit potentiam in brachio suo; dispersit superbos mente cordi sui.

Desposuit potentes de sede, et exaltavit humiles. Esurientes implevit bonis; et divites dimisit inanes. Suscepit Israel servum suum, recordatus misericordiae suae.

Sicut locutus est ad patres nostros erga Abraham et semen ejus in saecula. - Gloria Patri.

### **NUNC DIMITTIS**

Nunc dimittis servum tuum, Domine, secundum verbum tuum in pace.

Quia viderunt oculi mei salutem tuam.

Quam parasti ante faciem omnium populorum.

Lumen ad revelationem gentium et gloriam plebis tuae Israel. Gloria Patri.

## **July**

### **MORNING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All Angels and Saints of God, etc.

#### **VISION OF HOPE**

1. In you, God of my Hope, my soul expands in the immensity of the desires of my Savior Jesus, in the infinite holiness of your will.
  2. I protest and fight against even the smallest discouragement that may arise from impediments, oppositions, and indispositions.
  3. I hope that the whole world, in its totality and in each individual may victoriously apply itself in the fight against every mortal and venial sin.
  4. I hope that each and every soul may victoriously apply itself in the fight against every fully voluntary fault; may each and every soul seriously and victoriously tend to Christian perfection.
  5. May the whole world be like the earthly paradise, rich in the gifts of graces, even superior to the original justice, because God has become a Man.
  6. May the whole world really be the Mystical Body of Christ, the large host of adoration and thanksgiving, reparation and prayer for God's glory.
  7. May the whole world be ignited by the gospel's light and by Jesus' blood singing in heaven God's glory, with the harmonies of love of the Holy Spirit.
  8. I hope this for the divine power of the church's apostolate, of the gospel's truths, of the virtues of Jesus' blood and of Holy Communion.
  9. I hope this for the constant prayer of the Our Father, all groanings of the Holy Spirit, all voices of Jesus' blood that cannot remain unanswered.
- O my God and my All, O my Father, Son, and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All!

#### **TO THE VIRGIN MOTHER OF GOD**

Blessed Virgin, Mother of the Incarnate Word, treasurer of all graces, refuge of us

poor sinners, with faith we have recourse to your motherly love and we beg from you the grace of doing always God's will; we place our hearts into your hands and we beg from you health in mind and body. We are confident that you, our most loving Mother, will hear us, and with ardent faith we say:

Hail Mary, full of grace! The Lord is with you: blessed are you among women, and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost, Angelus,  
Examination of Conscience.

### **VERSES FROM THE BIBLE**

"Trust in the Lord with all your heart. Never rely on what you think you know. Remember the Lord in everything you do, and he will show you the right way. Obey the Lord and refuse to do wrong. If you do, it will be like good medicine, healing your wounds and easing your pains."

"Honor the Lord by making him an offering from the best of all that your land produces. Whenever you possibly can, do good to those who need it."

"Hold on to your wisdom and insight. Never let them get away from you. They will provide you with life - a pleasant and happy life. The Lord will keep you safe. He will not let you fall into a trap."

"Son, when the Lord corrects you, pay close attention and take it as a warning. The Lord corrects those he loves, as a father corrects a son of whom he is proud."  
"The road the righteous travel is like the sunrise, getting brighter and brighter until daylight has come. The road of the wicked, however, is dark as night. They fall, but cannot see what they have stumbled over."

"Righteous people will always have security, but the wicked will not survive in the land. Righteous people speak wisdom, but the tongue that speaks evil will be stopped."

"Righteousness gives life, but violence takes it away."

"Anyone who loves knowledge wants to be told when he is wrong. It is stupid to

hate being corrected."

"Anyone who spreads gossip is a fool. The more you talk, the more likely you are to sin. If you are wise, you will keep quiet. The righteous get what they want, but the wicked get what they fear most."

"Have reverence for the Lord, and you will live longer. The wicked die before their time. People who are proud will soon be disgraced. It is wiser to be modest."

"No one who gossips can be trusted with a secret, but you can put confidence in someone who is trustworthy."

"You do yourself a favor when you are kind. If you are cruel you only hurt yourself. Wicked people don't really gain anything, but if you do what is right, you are certain to be rewarded."

"Some people spend their money freely and still grow richer. Others are cautious, and yet grow poorer."

"A good man takes care of his animals, but wicked men are cruel to theirs. Stupid people always think they are right. Wise people listen to advice."

### **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our Sorrowful Mother, receive the homage of the spiritual treasures that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and Holy Spirit, we offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of adoration to your divine life which is revealed and given to us through the priesthood, religious orders and the saints.

2. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of thanksgiving for all your divine favors granted to your priests, to religious orders, to your saints, and through them to all souls.

3. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of reparation for all the faults of mankind against priests, religious and saints, and for all their possible in correspondences to the divine vocation.

4. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of intercession for ever greater fruits of holiness in the priesthood, religious orders, in the just and in all Christians.

5. We offer you the Most Precious Blood of our Lord Jesus Christ so that all the unfaithful may understand, receive and follow the divine vocation to faith, according

to the desires of your love.

6. We offer you the Most Precious Blood of our Lord Jesus Christ so that all the faithful may understand, receive and follow the divine vocation to holiness, according to the desires of your love.

7. We offer you the Most Precious Blood of our Lord Jesus Christ so that all those called to the priesthood may understand, receive and follow the divine vocation to perfect chastity, in order to father a spiritual generation of saints, according to the desires of your love.

8. We offer you the Most Precious Blood of our Lord Jesus Christ so that all those called to a special life of consecration may understand, receive and follow the divine vocation to the priesthood, according to the desires of your love.

9. We offer you the Most Precious Blood of our Lord Jesus Christ so that many may understand, receive and follow the divine vocation to solitude, in order to foster the universal activity of contemplation, according to the desires of your love:

10. We offer you the Most Precious Blood of our Lord Jesus Christ so that many may understand, receive and follow the divine vocation to the apostolate of charity through public and private prayer, according to the desires of your love.

11. We offer you the Most Precious Blood of our Lord Jesus Christ so that many may understand, receive and follow the divine vocation to the apostolate of charity through internal and external suffering, according to the desires of your love.

12. We offer you the Most Precious Blood of our Lord Jesus Christ so that many may understand, receive and follow the divine vocation to the apostolate of charity through corporal works of mercy, according to the desires of your love.

13. We offer you the Most Precious Blood of our Lord Jesus Christ so that many may understand, receive and follow the divine vocation to the apostolate of charity through the spiritual works of mercy, according to the desires of your love.

14. We offer you the Most Precious Blood of our Lord Jesus Christ so that many may understand, receive and follow the divine vocations blossoming from all evangelical counsels, according to the desires of your love.

15. We offer you the Most Precious Blood of our Lord Jesus Christ for an increase of the heroes of virtue, your saints, in every walk of life, time and place, according to the desires of your love.

16. We offer you the Most Precious Blood of our Lord Jesus Christ so that more than knowing and imitating the great ones of this world, we may know and imitate the heroes of Christian virtues, our saints.

17. We offer you the Most Precious Blood of our Lord Jesus Christ for the glorification of your saints and of your divine perfections in them, even in this world.

18. We offer you the Most Precious Blood of our Lord Jesus Christ for all those called to holiness who did not achieve it, for all vocations, which have been poorly cultivated, lost or betrayed, so that they may reach their goal, according to the desires of your love.

19. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant a greater religious perfection to all religious orders, blooming in your church.

20. We offer you the Most Precious Blood of our Lord Jesus Christ so that many  
may  
Understand, receive and follow the divine vocation to be servants of all religious Orders, both present and future, within the holy church.

21. We offer you the Most Precious Blood of our Lord Jesus Christ for our perfect communion with the spirit and works, sufferings and merits of all present and future religious orders, according to the desires of your love.

22. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to search for and cultivate vocations for religious orders, and provide them with all means needed for the accomplishment of their mission, according to the desires of your love.

23. We offer you the Most Precious Blood of our Lord  
- "Jesus Christ so that you may grant us perfect correspondence to our divine vocations, so that we may enjoy the spiritual favor of the holy church and your divine predilections.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us holy perseverance in the fervor of charity, in the life of consecration and in the holy commitments to divine reparation, according to the desires of your love.

O adorable Trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift:

The divine love of perfect charity for you and for our neighbor, with all the fruits of the Holy Spirit, so that we - may reach the highest levels of union with you.

Amen

## **EVENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## **VISIT**

1. O my lord Jesus Christ, O divine Word and Incarnate Son, I believe you and adore you present for me in this memorial of your passion and death, that is you in person, O Jesus, true God and true Man.
2. As your passion is the redemption for all, so it is also the sanctification of the chosen ones and the supreme glorification of the Father.
3. The meditation on your passion, our feeling your passion and our sharing in it make us able to reach the fruits of the redemption enable us to further our sanctification and give glory to your heavenly Father.
4. Blessed those saints that have understood more and have been more united to you on the cross; blessed those to whom you have granted a communion with your passion in their body and soul.
5. Everyone of your wounds pleads for me before your heavenly Father; may it likewise remind you of me, so that I may be aflame with love for you, that I may be totally in you and with you.
6. Yes, I want to be in you! With the help of your love, I want to be close to the altar, I want to be part of the altar of sacrifice; I want to be close to the cross, I want to be part of you, my crucified Jesus.
7. Being in you I want to care for your heart more than anything else, because every disfigurement, every insult, very torture was mostly a wound to your infinite love!  
Oh, what a cruel passion yours is, O my God!
8. But who can be in you, unless you admit him into, your secret? And whom do you trust but the most close and intimate friends?
9. O my suffering Jesus, you are not a stranger for me; you are the closest one to me! I was not a stranger nor absent to your sufferings. But I, what am I to you?
10. Am I always present as torturer and enemy, as accuser and scoffer? I do not intend to be any such thing anymore! Give me another place, another function, out of pity!
11. O my God and my All, Father, Son, and Holy Spirit, '-may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All.

## **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the "-----Holy Spirit. Amen.

All Angels and Saints of God, etc.

### **EXAMINATION OF CONSCIENCE (on the spirit of penance)**

Become aware my soul, before God:

1. Did you endure patiently - in reparation for sins - all the unpleasant things that happened to you today?
2. Did you acknowledge the fact that you were wrong soon after you committed a mistake, a fault, or even a voluntary imperfection?
3. After each sin, or remembrance of past sins, did you'--make the act of contrition and the offering of the merits of Jesus?
4. Did you attend with fervor to your spiritual purification? Did you attend with fervor to the exercise of mental prayer in the presence of God's Holiness?

### **ACT OF CONTRITION**

O my God, I am heartily sorry for having offended you; I detest all my sins because of your just punishment. But most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace to sin no more and to avoid the near occasions of sin. Amen.

### **FORGIVE ME**

1. O my God, I want to repent as I should: I beg your forgiveness for anything in me that has displeased you; I beg your forgiveness for each offense in particular; with all my being I want to die in perfect contrition.
2. Lord, God of heaven and earth, many a time and for long periods of time I have been in opposition to you. I have really hurt your loving heart; I have been worse than an enemy and a traitor. Forgive me!
3. Lord, God of Angels and Saints, I have hindered, damaged and ruined the work of your grace in myself and in others. With the intrinsic malice of my sinful actions I have cooperated to your death. Forgive me!

4. Lord, God of heaven and earth, how often I have preferred some creatures to you! I have tried to find in others my rest, my fulfillment! I have behaved as if others were my beginning and my end. Forgive me!

5. Lord, God of heaven and earth, I have behaved myself as if others were my reward and my motivating factor. I have behaved as if you were not my supreme Good. Even in your service I had other finalities. Forgive me!

6. O abysses, my nothingness! O Depth of your greatness! O abyss of my malice! O depth of your mercy! My nothingness against your fullness of everything! And your fullness of everything in favor of my nothingness!

7. Oh that I may see the reality of sin in the light of death and of your judgments! That I may see the reality of sin in the glimmering of the fire of hell, in the splendor of your blood! In the flames of your heart! Flames" of hatred to sin!

8. Oh that I may see my sins in the splendor of the Holy Spirit, of your glory and of your love. Oh that I may repent with the sorrow of all purgatory and of the agonizing Heart of Jesus!

9. But you are merciful with me, and kindly veil the total ugliness of all my sins; you know that I could not see the atrocity of all my sins and still remain alive. As a sign of your forgiveness grant me the grace of dying with contrition!

10. O my God and my All, Father, Son, and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All.

(Litany for the Dying, or a Psalm.)

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## August

### **MORNING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All Angels and Saints, etc.

### **GOOD MORNING**

1. O my God and my All, O my Father, Son and Holy Spirit, this short day of my mortal life greets the endless day of your eternal life!
2. This day shall come back to me in my memory at the hour of my death, and I see myself in it in the light of your universal and particular judgment!
3. I shall find this day again in my eternity, and with all the other days of my life I will relive them eternally. More than anything else I want each and every day of my life to be of glory to you, and happiness for me.
4. With you and in you, I want that every day of my life may really be a day of life and of grace, a day of progress and victories, as were the days of Joseph and Mary!
5. To all my brothers that pass from mortal life to the immortal one, from the natural to the supernatural world, I desire and wish "good morning" till the end of time!
6. I also desire and wish "good morning" to every Guardian Angel on earth, to the Holy Family of Mary and Joseph; and to you, my Jesus, in the blessed Sacrament, I wish you good morning in every soul.
7. I wish good morning to you, O glory, love and will of my God and my All, in your intelligent and free creatures. May all of them be every day more open to receive and assimilate your life!
8. Grant that we may never arrive at the end of any day, nor the end of our life without first having reached the fullness of all the graces and virtues, works and merits that you had in mind for us, O Lord!
9. Grant that we may leave on earth after us and in our place as many sources of supernatural well being as are the atoms of our body, the instants of our time, the acts of our faculties, and many more!

O my God and my All, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All.

### **TO THE VIRGIN MOTHER OF GOD**

Blessed are you, O Virgin Mary, because you have believed! Because you have believed, all the great things that the Angel of the Lord announced to you have been fulfilled. Through you, O Mary, all souls have received Jesus, the fruit of your womb. May you be blessed by all souls, as you have been blessed above all souls by the Lord our God, O Queen, O Teacher, O

Universal Mother

You are present in all souls, O Blessed Mother. In them you bless the Lord for them also, so that from all souls - in unison with you - may ascend to God the song of our humble adoration, praise, thanksgiving and intercession.

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost, Angelus,

Examination of Conscience.

### **VERSES FROM THE BIBLE**

"Why don't you tear the sky open and come down? The mountains would see you and shake with fear. They would tremble like water over a hot fire."

"Come and reveal your power to your enemies, and make the nations tremble at your presence!"

"Fairer in beauty are you than the sons of men; grace is poured out upon your lips; thus God has blessed you forever."

"In your splendor and majesty ride on triumphant in the cause of truth and for the sake of justice; and may your right hand show your wondrous deeds."

- "God, be merciful to us and bless us; look on us with kindness, so that the whole world may know your will; so that all nations may know your salvation."

"May all the people praise you, O God, may all the peoples praise you!"

"May the nations be glad and sing for joy, because you judge the people with justice, and guide every nation on earth. May the peoples praise you, O God, may all the peoples praise you!"

"The land has produced its harvest; God, our God, has blessed us."

"God has blessed us; may all people everywhere honor him."

"In the past you were spiritually dead because of your disobedience and sins."

"But now in union with Jesus Christ you, who used to be far away, have been brought near by the sacrificial death of Christ."

"You are not foreigners and strangers any longer; you are now fellow citizens with God's people and members of God's family."

"You, too, are built upon the foundation laid by the apostles and the prophets, the cornerstone being Jesus Christ himself."

"He is the one who holds the whole building together

and makes it grow into a sacred temple dedicated to the lord."

"In union with him you too are being built together with all the others into a place where God lives through his Holy Spirit."

### **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our Sorrowful Mother, receive the homage of the spiritual treasures that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and Holy Spirit, we offer you the Most Precious Blood of our lord Jesus Christ as a profession of faith to your love in your divine revelation contained both in the scriptures and in tradition.

2. We offer you the Most Precious Blood of our lord Jesus Christ as a profession of faith to your divine love in your divine perfections, works and missions.

3. We offer you the Most Precious Blood of our lord Jesus Christ so that you may grant us to enjoy the splendor of your love through all the beatitudes and promises revealed to us in the old and New Testament.

4. We offer you the Most Precious Blood of our lord Jesus Christ as an act of adoration to your love in your divine revelation contained both in the scriptures and in tradition.

5. We offer you the Most Precious Blood of our Lord Jesus Christ as an act of adoration to your love in your divine perfections, works and missions.

6. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to edify, in the practice of your love, every soul through all the beatitudes and promises revealed to us in the old and New Testament.

7. We offer you the Most Precious Blood of our Lord Jesus Christ as a canticle of praise to

your love in your divine revelation contained both in the scriptures and in tradition.

8. We offer you the Most Precious Blood of our Lord Jesus Christ as a canticle of praise to your love in your divine perfections, works and missions.

9. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to console, with the sweetness of your love, every heart through all the beatitudes and promises revealed to us in the old and New Testament.

10. We offer you the Most Precious Blood of our Lord Jesus Christ as a tribute of thanksgiving to your love in your divine revelation contained in the scriptures and in tradition.

11. We offer you the Most Precious Blood of our Lord Jesus Christ as a tribute of thanksgiving to your love in your divine perfections, works and missions.

12. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to glorify your divine heart, through the beatitudes and promises revealed to us in the old and new testament.

13. We offer you the Most Precious Blood of our Lord Jesus Christ as a gift for your love revealed to us in the scriptures and in tradition.

14. We offer you the Most Precious Blood of our Lord Jesus Christ as a gift for your love revealed to us in your divine perfections, works and missions.

15. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to become like your Holy Family in the life of your love through all the beatitudes and promises revealed to us in the old and New Testament.

16. We offer you the Most Precious Blood of our Lord Jesus Christ as a confession of humility to your love revealed to us throughout the scriptures and tradition.

17. We offer you the Most Precious Blood of our Lord Jesus Christ as a confession of humility to your love revealed to us in your divine perfections, operations and missions.

18. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to find in your love our earthly paradise through all the beatitudes and promises revealed to us in the old and New Testament.

19. We offer you the Most Precious Blood of our Lord Jesus Christ as a loving holocaust to

your love revealed to us throughout the scriptures and tradition.

20. We offer you the Most Precious Blood of our Lord Jesus Christ as a loving holocaust to your love revealed to us in your divine perfections, works and missions.

21. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to unite ourselves to your own divine Trinity through all the beatitudes and promises revealed to us in the old and New Testament.

22. We offer you the Most Precious Blood of our Lord Jesus Christ so that through your grace each and every one of us may be an ever-bigger receptacle and a divine fullness of your glory, love and will.

23. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant to each and every one of us to be an ever-bigger receptacle and a divine fullness of the spirit of faith, of prayer and of penance through the gifts of the Holy Spirit.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant to each and every one of us to be an ever-bigger receptacle in the divine fullness of conversion and ascension to you, of communion and inhabitation with you and of apostolate of divine union.

O adorable Trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift:

The divine love of perfect charity for you and for our neighbor, with all the fruits of the Holy Spirit, so that we may reach the highest levels of union with you.

Amen.

## **EVENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Rosary.

## **VISIT**

1. O my Lord, Jesus Christ, O divine Word and Incarnate Son, I believe in you and adore you

present for me in this memorial of your passion and death. I believe that it is you in person O Jesus, true God and true Man, present for me in this Sacrament.

2. O divine mercy and justice, I see you embracing each other in Jesus! I see my Jesus dying on the cross in this embrace! O divine Justice and mercy! Open our hearts to the passion and death of Jesus through Holy Communion.

3. O Jesus, my heart is a real rock! Strike it with the rod of the cross during meditation and communion, and out of it - in the desert of life - will spring up purifying and atoning tears.

4. I have been made dry by my faults, and thirsty by my tears. I come to you because you said: "Let anyone who thirsts come to me." You promised to transform the human heart in springs and rivers of pure, life giving water.

5. I look at you, my Jesus! I have pierced you! May it become true in me the prophecy that "Looking at the one they have pierced, they will mourn for him." O my Jesus, grant that I may mourn you as the mothers mourned the death of their firstborn. May I mourn you with the tears and the heart of your own Mother!

6. O only Son of God, you were lacerated by my poisonous tongue, by my senses and my heart that have become instruments of the devil against you.

7. O only Son of Mary, I want to be another John for the Virgin Mother! What can I say to her, when she will see my hands dripping with your blood?

8. O only Son of God! The Eternal Father sending you into the world says: "They will have respect for my Son." What can I say to your Father who will ask me to give an account of you?

9. I am not worthy to think of you, to look at you, to talk to you. I am not worthy to follow you, nor to love you. I deserve every rejection, every death, and every condemnation from you and from everybody else. Only the mercy of your Heart can save me from despair.

10. It would have been better if I had died of humiliation and pain before offending you! At least for the future, let me die rather than offend you. May my life be a continuous contrition, a continuous sharing in your passion and reparation.

11. O my God and my All, Father, Son, and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All.

## **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All you Angels and Saints of God, etc.

## **EXAMINATION OF CONSCIENCE**

(On the spirit of obedience)

Become aware, my soul, before God:

1. Do you do your very best to know, and to fulfill on time all your obligations?
2. Do you keep yourself, and do you try to grow more perfect in the spirit of religious obedience? Is your life of obedience motivated by a spirit of faith, love and humility?
3. In every act of obedience are you uniting yourself –mind and heart - to the divine will of God, which is all wisdom and love?
4. Did you consider your profession of obedience as the offering of your will to God? Did you comply with all your obligations with active and responsible obedience?

## **ACT OF CONTRITION**

O my God, I am heartily sorry for having offended you; I detest all my sins because of your just punishment. But most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace to sin no more and to avoid the near occasions of sin. Amen.

## **OBEDIENCE**

1. O my God and my All, O my Father, Son and Holy Spirit! You do not want to give to others the glory of being the first principle and the ultimate goal, and yet you have given me freedom to reproduce in myself your own image and likeness! I adore you!
2. I offer you all my freedom; I offer to you in sacrifice all the deficiencies of my freedom. I consecrate to you all my needs in union with the divine freedom of your will.
3. O my God you are the first principle and the ultimate goal of my whole being. I want you to be the first principle and the ultimate goal of each and every one of my internal and external actions; may everything I do be of glory to you!

4. With your grace, O divine will, I consecrate myself to the most perfect obedience to all your manifestations, following the example of the church and of the Holy Family in order to reach union with the Divine Trinity!

5. For your glory I want the most perfect obedience of mind, heart and action to every canonical, liturgical and civil law, to all private and common regulations of my religious family.

6. With your grace I want the most perfect obedience to my vocation and to all your inspirations, controlled and approved by my spiritual director.

7. With your grace, let me see and accept your will in the events of nature and in the desires of my neighbor, whenever possible. Grant that I may see your divine will in everything that is said and done to me, independent of my own will!

8. O divine will of God the Father; I want to be one with you! O divine will of God the Son; I want to be one with you! O divine will of God the Holy Spirit; I want to be one with you! In union with your Sacred Heart, O Incarnate Word, who became obedient until death!

9. O my God and my All, Father, Son, and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All.

(Litany for the Dying, or a Psalm.)

### **PRAYER TO OUR LADY, ASSUMED INTO HEAVEN**

Immaculate Virgin, Mother of Jesus and our Mother, we believe in your triumphant assumption into heaven where the angels and saints acclaim you as Queen. We join them in praising you and bless the Lord who raised you above all creatures. With them we offer you our devotion and love.

We are confident that you watch over our daily efforts and needs, and we take comfort from our faith in the coming resurrection. We look for you, our life, our sweetness, and our hope. After this earthly life, show us Jesus, the blessed fruit of your womb, O kind, O loving, O sweet Virgin Mary.

(Pope Pius XII)

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# September

## MORNING PRAYERS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All Angels and Saints of God, etc.

## SPIRIT OF PRAYER

1. O my God and my All! O my Father, Son and Holy Spirit. I believe in you and adore you in your eternity and immensity. I beg you, Lord; extend each and every act of mine toward your eternity and immensity!

2. In your infinite love, always and everywhere you think of me; in a like manner, grant that I may offer you all my adoration of love extended to your immensity and eternity.

3. In union with you, with my desires and intentions I want to fill all your immensity, all your eternity with the voice of my prayer, with the song of my praise and with the groaning of my cry.

4. In union with you, O Word of God, eternal and immense Word of the Father! In union with you, O God Holy Spirit, breath of love of the Father and of the Son! In union with you, O eternal, immense divine life!

5. In union with you, together with all people of every age and of every part of the world, I want to make mine the prayer of all generations with the voice of every head that pines away, with the voice of every heart that groans, with the voice of all human miseries.

6. In union with the whole church of heaven, purgatory and earth; I want to make mine all its liturgy; I intend to enclose all the divine liturgy in each one of my words and offer it to you with always greater fervor.

7. I intend to say every prayer of praise and adoration, thanksgiving and love, reparation and intercession with full understanding and application, with the most profound faith and love.

8. I intend to say every prayer with the understanding, faith and love of the Saints, the Angels, St. Joseph and the Blessed Mother; I intend to pray with your own understanding, faith and love, O my Jesus! O my God and my All, grant that all my prayers be totally with you, that they may be one with your infinite love.

9. O my God and my All! O my Father, Son, and Holy Spirit, grant that my meditation and examinations of con• science, my holy hours and spiritual readings, my breviary and my rosary, all my devotions, all the exercises of my ministry, and all that is part of my religious obligations may be filled with the understanding, faith and love of the Saints, the Angels, S1. Joseph and the Blessed Mother.

10. O my God and my All, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All!

### **TO THE VIRGIN MOTHER OF GOD**

O Blessed Mary, Virgin Mother of God, I thank you for your continued protection and mediation, for your con–tinued assistance and presence! You see my many needs, and you personally take care of everything for me. In a special way you prepare me to receive what the Lord will tell me, what the Holy Spirit will inspire in me. Your prayer and my obedience will obtain everything from God, even miracles!

O Virgin Mother! Oh how many divine words, and how many sublime and mysterious divine gifts the Lord has granted me through you! How many great things the Lord has done in me! I can hardly understand them now, but they will be revealed to me in paradise. But, you, O Blessed Mother, you are well aware of all these things the Lord has done in me, since they have all come to me

through you! .

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost, Angelus,

Examination of Conscience.

### **VERSES FROM THE BIBLE**

"Humility deserves honor and respect, but a low opinion of yourself leads to sin."

"Never hesitate to speak out when the occasion calls for it. Don't hide your wisdom."

"Your wisdom and education can be known only by what you say."

"Do not, however, go against the truth, and remember that you do not know everything."

"Don't be ashamed to confess your sins; there is no point in trying to stop a river from flowing."

"Don't allow yourself to be dominated by someone who is stupid or show partiality to influential people."

"Stand up for what is right, even if it costs you your life; the Lord God will be fighting on your side."

"Do not be quick to speak or lazy and negligent in your work. Don't act like a lion at home, or be suspicious of your servants."

"Be certain about what you believe and consistent in what you say. Don't try to please everyone or agree with everything people say."

"Always be ready to listen, but take your time in answering. Answer only if you know what to say, and if you don't know what to say keep quiet."

"Speaking can bring you either honor or disgrace; what you say can ruin you."

"If you are polite and courteous, you will enjoy the friendship of many people."

"Exchange greetings with many, but take advice from only one person out of a thousand."

"When you make friends, don't be too quick to trust them; make sure that they have proved themselves."

"Some people will be your friends only when it is convenient for them, but they won't stand by you in trouble."

"Stay away from your enemies, and be on guard against your friends."

"A loyal friend is like a safe shelter, find one, and you have found a treasure."

## **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our Sorrowful Mother, receive the homage of the spiritual –treasures that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and Holy Spirit, we offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect natural and supernatural knowledge of

everyone of your laws and precepts, counsels and inspirations.

2. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect public and private observance of each and everyone of your laws and precepts, counsels and inspirations.

3. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of the spirit and practice of each and everyone of your laws and precepts, counsels and inspirations.

4. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfection of 'he apostolate of each and everyone of your laws and -precepts, counsels and inspirations through prayer, action and sacrifice.

5. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to imitate the Ho-ly Family of Jesus, Mary and Joseph in the observance of each and every one of your laws and precepts, counsels and inspirations.

6. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfect enjoyment of the most complete and heroic observance of your laws and precepts, counsels and inspirations.

7. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the perfect communication of the most complete 'and heroic observance of each and everyone of your laws and precepts, counsels and inspirations.

8. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to know all the truths needed for our growth in the knowledge of your love.

9. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to receive all supernatural gifts in the richness of your love.

10. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to elevate our lives to the heroism of all virtues, in the holiness of your love.

11. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to correspond to all the demands of your glory, in the dominion of your love.

12. We offer you the Most Precious Blood of our Lord" Jesus Christ so that all your natural and supernatural gifts may bear fruit in us and in all people.

13. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may be able to

help our neighbor with all the effusions of goodness in the apostolate of your love.

14. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to concentrate and transform ourselves into you, through all the forms and levels of the divine union of your love.

15. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to enjoy the splendor of your love through the spiritual and corporal works of mercy.

16. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to edify every soul in the practice of your love through the spiritual and corporal works of mercy.

17. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to console every heart with the sweetness of your love through the spiritual and corporal works of mercy.

18. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to glorify your Sacred Heart through the spiritual and corporal works of mercy.

19. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to imitate the Holy Family in the life of your love through the corporal and spiritual works of mercy.

20. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to find in your love our earthly paradise through the spiritual and corporal works of mercy.

21. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to unite ourselves to your own divine Trinity with the relationships of your love through the spiritual and corporal works of mercy.

22. We offer you the Most Precious Blood of our Lord Jesus Christ so that through your grace you may grant to each and everyone of us to become an ever-bigger receptacle and a divine fullness of your glory, love and will.

23. We offer you the Most Precious Blood of our Lord -- Jesus Christ so that through the gifts of the Holy Spirit each and everyone of us may become an ever-bigger fullness of the spirit of faith, of prayer and of penance.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant to each and every one of us to become an ever more complete fullness of adhesion and ascension to you, of communion and inhabitation with you, and of apostolate of divine

union.

O adorable Trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift: The divine love of perfect charity for you and for our neighbor, with all the fruits of the Holy Spirit, so that we may reach the highest levels of union with you.

Amen.

## **EVENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Rosary.

## **VISIT**

1. O my Lord and God, Jesus Christ, O divine Word and '—Incarnate Son, I believe in you and adore you present for

me in this memorial of your passion and death. I believe that it is you in person, O Jesus, true God and true Man, present for me in this Sacrament.

2. O my Lord Jesus! Oh, how I wish I had never offended you! Oh, how I wish I hadn't driven you away from my soul and from the world! Oh, how I wish I had not closed your sweet eyes, and your sweet lips with the seal of death! What have I done?

3. Death itself could not close your hands, nor your heart, nor your mouth to the eternal love that now speaks to us and comes to us through each one of your wounds.

4. So that our wrong doings may not put a limit to your merciful love, you secured your hands with nails in a permanent position of blessing, of giving, of embracing our \_\_\_ ungrateful hearts.

5. Dying you opened your heart to all souls; rending that sacred veil that was concealing it from us, poor sinners, you made us your chosen people, in your blood.

6. O Blood of Jesus, without you there is no redemption; renew every day our covenant with God and with our neighbor. May our relationship with God be always more intimate and

more perfect!

7. O Blood of Jesus, only you can give life and fertility to those who have been petrified by their sins and wicked passions!

8. O Blood of Jesus, O flames of the Sacred Heart, make of this unreliable generation, of this feeble soul a -- stronghold of goodness, a sacrifice of expiation, a manifestation of love.

9. O divine Blood, run through my veins to vivify me, to purify me, to strengthen me in my ascension to holiness! O divine flames, put fire into my heart so that I may be all charity and zeal for the whole world.

10. Oh, how proper it is for me to practice all the mortifications of the Saints! O my Crucified God, grant that I may understand the full value and meaning of penance! May my life be a life of penance, self denial and sacrifice! Grant that every day of my life I may suffer for you!

## **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All you, Angels and Saints of God, etc.

## **EXAMINATION OF CONSCIENCE**

(on the spirit of meekness)

Become aware, my soul, before God:

1. Did you control yourself? Have you been successful in refraining from any exaggeration, in calming any anger, in sweetening any harshness?

2. Did you try to understand what is most important in your obligations, in order to fulfill it with the most possible perfection?

3. Have you been prudently flexible in those things that are not contrary to your duty?

4. Have you kept and spread around good humor with feelings of warm cordiality?

Act of Contrition.

## **THE "SERVANT OF GOD"**

1. O my Lord Jesus Christ, O Incarnate Word, I adore you in your Being and in all your acts

as the Servant of God; by becoming a man you willed and perpetuated your state as the Servant of God.

2. The divine Person of the Son of God as head of all mankind and King of the universe pays homage of reverence and obedience as a servant; he pays homage of submissiveness, of fidelity and love as servant to the divinity.

3. O mysterious relation of servant, embraced and exalted by the relationship of Sonship! As the two natures, so also your relationship of servant and that of Son remain distinct, in a mystery of union in the Person of the Incarnate Word!

4. On account of my sins my soul is tarnished and suffers from confusion and separation; my soul doesn't know how to live harmoniously the relationship of servant and son!

5. Servant of God by nature, Son of God by grace! As grace does not destroy nature, but elevates it, so my relationship of son does not destroy the relationship of servant, but elevates it!

6. As human nature must not be an impediment, but a service to grace, so the relationship of servant must not be an impediment, but a great service to the relationship of Son of God!

7. O my Lord Jesus Christ, my spiritual poverty becomes manifest whenever I try to live the relationship of servant; the spirit of service seems to stifle the adopted sonship, and the confidence that a child should have in his father.

8. When I surrender myself to the spirit of sonship, and to the relationship of love through which you call me, you elevate me and make me one with you; I forget my

condition and relationship of servant, with great loss for my humility!

9, O my Lord Jesus, grant that in me there may be a perfect harmony between humility and charity, reverence and trust, submission and union, as it existed in the Immaculate Heart of Mary, the Virgin Mother and the humble Maidservant of God!

(Litany for the Dying, or a psalm)

## **BENEDICTUS**

Benedictus Dominus, Deus Israel, quia visitavit et redemit populum suum.

Et erexit cornu salutis nobis, in domo David servi sui. Sicut locutus est per os sanctorum, qui olim fuerunt, prophetarum suorum.

Ut liberaret nos ab inimicis nostris, et e manu omnium qui oderunt nos.

Ut faceret misericordiam cum patribus nostris, et recordaretur foederis sui sancti.

Jurisjurandi, quod juravit Abrahae, patri nostro datum se nobis.

Ut sine timore e manu inimicorum nostrorum liberati, serviamus tibi.

In sanctitate et justitia coram ipso, omnibus diebus nostris.

Et tu, puer, propheta Altissimi vocaberis: praeibis enim ante faciem Domini ad parandas vias ejus.

Ad dandum populo ejus scientiam salutis, in remissione peccatorum eorum.

Per viscera misericordiae Dei nostri, qua vis ita beat nos Oriens ex alto.

Ut illuminet eos qui in tenebris et umbra mortis sedent, ut dirigat pedes nostros in viam pacis.

Gloria Patri etc.

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## October

### **MORNING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All you Angels and Saints of God, etc.

### **BLESSING THE DAY**

1. O my God and my All, O my Father, Son, and Holy Spirit! I want this day of mine to be totally surrounded and dominated by your grace.

2. May it be a day of universal reparation for past sins, of eradication of present sins, of preservation from future sins.

3. May it be a day of liberation from any right that the enemy may have over me. May it be

a day of complete liberation from any power that the enemy may have over me.

4. May it be a day of redemption from all debts of penalties that have been accumulating in my soul to this day. May the grace of your mercy and my penance obtain this for me!

5. May I think of you often during this day. By your grace I want to spend this day in continuous conversation with you.

6. May this be a day of frequent encounters with you. Please, Lord, multiply and extend your visits and your hours, so that every day may be for me the day of the Lord.

7. May it be a day of perfect imitation on my part of St. Joseph, of the Blessed Mother, and of Jesus Christ, my teacher and divine exemplar.

8. May this day be for me as the days of St. Joseph, and of the Blessed Mother, as were the days of Jesus; may it have something of the day of eternity; may it be worthy of heaven!

9. May it be a day of happy imitation of you, my God and my All! May it be the beginning of a new era for me and for all mankind. May it be a day of perfect union. with you, Father, Son and Holy Spirit.

10.0 my God and my All, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All!

### **TO THE VIRGIN MOTHER OF GOD**

O Virgin Mother, Our Lady of the Blessed Sacrament, glory of the Christians, joy of the universal church, safety of the whole world, pray for us and rekindle in us all the devotion to the Eucharist, so that we may be worthy to receive it properly every day.

O Mary, powerful Virgin; you are the great and illustrious defense of the church; you are a marvelous help of the Christians; you are as strong as an army ready to fight; you, who alone have destroyed every heresy of the whole world in our necessities, in our battles, and in our limitations defend us from the enemy. /P the hour of our death, welcome our souls into paradise.

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost, Angelus,

Examination of Conscience.

## **VERSES FROM THE BIBLE**

"All mankind is like grass; they last no longer than wild flowers."

"Grass withers and flowers fade when the Lord sends the wind blowing over them. People are no more enduring than grass."

"Yes, grass withers and flowers fade, but the word of our God endures forever."

"Jerusalem, go up on a high mountain and proclaim the good news! Call out with a loud voice, Zion; announce the good news! Speak out and do not be afraid. Tell the towns of Judah that their God is coming!"

"The Sovereign Lord is coming to rule with power, bringing with him the people he has rescued."

"He will take care of his flock like a shepherd; he will gather the lambs together and carry them in his arms; he will gently lead their mothers."

"Let my people return to me. Remove every obstacle from their path! Build the road and make it ready!"

"I am the high and holy God, who lives forever. I live in a high and holy place, but I also live with people that are humble and repentant, so that I can restore their confidence and hope."

"I save my people's lives, and I will not continue to accuse them or be angry with them forever."

"I was angry with them because of their sins and greed, and so I punished them and abandoned them. But they were stubborn and kept on going their own way."

"I have seen how they acted, but I will heal them! I will lead them and help them, and I will comfort those who mourn."

"I offer peace to all, both near and far! I will heal my people!"

"I will come to defend you and to save all of you that turn from your sins."

"And I make a covenant with you: I have given you my power and my teachings to be yours forever, and from now on you are to obey me and teach your children and your descendants

to obey me for all time to come."

## **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our Sorrowful Mother, receive the homage of the spiritual treasures that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and Holy Spirit, we offer you the Most Precious Blood of our Lord Jesus Christ as a voice of confession for every wrongdoing, for every offense against your majesty, for every pain caused to your heart!
2. We offer you the Most Precious Blood of our Lord Jesus Christ as the expression of our contrition for every wrongdoing, for every offense against your majesty, for every pain caused to your heart!
3. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of reparation for every wrongdoing, for every offense against your majesty, for every pain caused to your heart!
4. We offer you the Most Precious Blood of our Lord Jesus Christ as a victim of reparation for all our wrongdoings, for all our offenses against your majesty, for every pain caused to your heart!
5. We offer you the Most Precious Blood of our Lord Jesus Christ as a weapon of eradication for all our wrongdoings, for all our offenses against your majesty, for every pain caused to your heart!
6. We offer you the Most Precious Blood of our Lord Jesus Christ as a pledge of preservation from every wrongdoing, from every offense against your majesty, from every pain caused to your heart!
7. We offer you the Most Precious Blood of our Lord Jesus Christ in reparation for all our wrongdoings, for every offense against your majesty, and for all pain caused to your heart!
8. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to enjoy the splendor of your love through the fruits of the Holy Spirit of charity, joy, peace, patience, benignity and goodness.
9. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to enjoy the splendor of your love through the fruits of the Holy Spirit of longanimity, sweetness, fidelity, modesty, continence and chastity.

10. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to edify every soul in the practice of your love through the fruits of the Holy Spirit of charity, joy, peace, patience, benignity and goodness.

11. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to edify every soul in the practice of love, through the fruits of the Holy Spirit of longanimity, sweetness, fidelity, modesty, continence and chastity.

12. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to console every heart with the sweetness of your love, through the fruits of the Holy Spirit of charity, joy, peace, patience, benignity and goodness.

13. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to console every heart with the sweetness of your love through the fruits of the Holy Spirit of longanimity, sweetness, fidelity, modesty, continence and chastity.

14. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to glorify your divine heart through the fruits of the Holy Spirit of charity, joy, peace, patience, benignity and goodness.

15. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to glorify your divine heart through the fruits of the Holy Spirit of longanimity, sweetness, fidelity, modesty, continence and chastity.

16. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to imitate your Holy Family in the life of your love through the fruits of the Holy Spirit of charity, joy, peace, patience, benignity and goodness.

17. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to imitate your Holy Family in the life of your love through the fruits of the Holy Spirit of longanimity, sweetness, fidelity, modesty, continence and chastity.

18. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to find our earthly paradise in your love through the fruits of the Holy Spirit of charity, joy, peace, patience, benignity and goodness.

19. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to find our earthly paradise in your love through the fruits of the Holy Spirit of longanimity, sweetness, fidelity, modesty, continence and chastity.

20. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to unite ourselves to your own divine Trinity in the relationships of your love through the

fruits of the Holy Spirit of charity, joy, peace, patience, benignity and goodness.

21. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to unite ourselves to your own divine Trinity in the relationships of your love through the fruits of the Holy Spirit of longanimity, sweetness, fidelity, modesty, continence and chastity.

22. We offer you the Most Precious Blood of our Lord Jesus Christ so that through your grace you may grant to each and everyone of us to become an ever-bigger receptacle and a divine fullness of your glory, love and will.

23. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant to each and every one of us to become an ever-bigger receptacle for the divine fullness of the spirit of faith, of prayer and of penance in the gifts of the Holy Spirit.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to be a fullness of conversion and ascension to you, of communion and in-habitation with you, and of apostolate of the divine union.

O adorable Trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift:

The divine love of perfect charity for you and for our neighbor, with all the fruits of the Holy Spirit, so that we may reach the highest levels of union with you.

Amen.

## **EVENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Rosary.

## **VISIT**

1. O my Lord Jesus Christ, O divine Word and incarnate Son! I believe in you and adore you present for me in this memorial of your passion and death. I believe that it is you in person, O Jesus, true God and true Man, present for me in this Sacrament.

2. Lord, with our sins we increase evil in the world; we have slowed down others in your

service, or have alienated others from you. How can we ever make it up to you, O God?

3. O my Lord Jesus, grant that I may be totally aware of the serious responsibility of my sins for your passion. You, O my Jesus, who were the most innocent of men, you died of love for the Father and for all souls.

4. O my God, I offer you all your Saints and the achievements of their apostolate. I offer you, O Jesus, all the work of your redemption, all the sanctifying work of the Holy Spirit.

5. Accept, as a fitting reparation for me, your own goodness, holiness and justice with their infinite hatred toward sin. Accept your own charity and mercy toward all sinners.

6. Accept, as a fitting reparation for me, your infinite wisdom which can turn everything - even sin - into -Your glory, and which in your passion and death satisfied both the needs of justice and mercy.

7. Accept the death of your Saints, so precious in your presence. Accept the death of all mankind and your own death, O my Jesus, which is perpetuated in every Mass.

8. Accept the adoration of all souls in purgatory. Accept the glory that comes to you from everywhere - even from hell• in spite of Satan and his followers.

9. O my God and my All, bless and multiply your priests, and those who offer themselves to you as victims of expiation. Fill the world with the Eucharist and Holy Masses. Fill all souls with a spirit of sacrifice.

10. May we all be welcomed by you and lifted up by you, in a spirit of humility and repentance. Come down, O Sanctifying Spirit, O fire of heaven, to consummate the sacrifice offered and consecrated to you.

## **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All Angels and Saints of God, intercede for us.

Queen of all Saints, Mediatrix of all graces and Mother of divine love, pray for us.

Sacred Heart of Jesus, unite us perfectly to your adorations, thanksgivings, reparations and prayers; make of us with you, a host of sacrifice to the divinity and a sacrament to the souls.

## **EXAMINATION OF CONSCIENCE (on the spirit of poverty)**

1. Did you witness to the evangelical poverty, which you have freely embraced? Did you appreciate super-natural things more than anything else?

2. Did you freely reduce to the minimum the use of material things?

3. Did you economize in the use of material things?

Have you been diligent in conserving energy and objects?

4. Following the example of Jesus, did you work as if everything were to be procured with your work?

Act of Contrition.

## **POVERTY**

1. O my God and my All! O my Father, Son and Holy Spirit! Since I have consecrated myself to your love, through your grace I feel the need of more imitation and of closer union with you.

2. I want and must renounce all that obstructs your imitation and union. With the grace of your love, I hope to imitate you always more generously.

3. Grant that I may be always more attracted to you; that I may be giving all of myself to you, so that I may receive everything from you! Grant that I may be totally possessed by you! That I may possess you as much as possible!

4. So that I may possess you and may be possessed by you, I renounce every earthly possession, both present and future. In the spirit of the poverty of the cross, I renounce to every external and internal act of ownership.

5. I renounce to every kind of possession, even all spiritual benefits of which I can dispose, and I place everything in the hands of the Virgin Mary and

St. Joseph.

6. As far as possible, I wish and intend to renounce to my own personality, so that I may be totally possessed by your divine persons, as was the human nature in the person of Jesus.

7. The best use I can make of human creatures is not to use them for personal satisfaction. Grant that in the spirit of penance, prudence and wisdom, I may respect your creatures as you do.

8. Grant that I may reduce to the minimum the use of those things considered necessary. O my God and my All, grant that in the use of necessary things I may depend on the choice and the taste of others more than on my own.

9. As I adore with love your more than fatherly Providence, divinely watchful over my needs and desires, so I embrace with love the joyous privation even of those things considered necessary.

10. O my God and my All, Father, Son and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All!

(Litany for the Dying, or a psalm)

### **VENICREATOR**

Veni, creator Spiritus, mentes tuorum visita, imple superna gratia quae Tu creasti pectora.

Qui diceris Paraclitus Altissimi Donum Dei, fons vivus, ignis, caritas et spiritalis unctio.

Tu septiformis munere Digitus Paternae Dexteræ, Tu rite promissum Patris, sermone ditans guttura.

Hostem repellas longius, pacemque dones protinus, ductore sic Te praeviso, vitemus omne noxium.

Per Te sciamus da Patrem, noscamus atque Filium, Teque utriusque Spiritum, credamus omni tempore.

Deo Patri sit gloria,

Eiusque soli Filio,

Cum Spiritu Paraclito, regnans per omne saeculum.

Accende lumen sensibus, infunde amorem cordibus, infirma nostri corporis virtute firmans perpeti.

v) Emitte Spiritum tuum et creabuntur. r) Et renovabis faciem terrae.

OREMUS

Amen.

Deus qui corda fidelium Sancti Spiritus illustratione docuisti, da nobis in eodem Spiritu recta sapere, et de eius semper consolatione gaudere.

Per Christum Dominum nostrum.

Amen.

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## November

### MORNING PRAYERS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All you Angels and Saints of God, etc.

### EMPTINESS AND FULLNESS

1. How many times, O my Lord God, my life seems to be without purpose and my time a total waste! But in you are the reasons of my life and they are worthy of you!
2. In you is the exemplar of my life, and in you are prepared for me all the graces necessary to live up to it! How everything is worthy of you ... ! And I do not understand it!
3. O my God and my All, O my Father, Son, and Holy Spirit! Only the time spent in direct communication with you is worthy to be lived!
4. Only the hours of adoration are the hours of complete light, the hours of full activity, the hours of excellent bargains, the hours of full life!
5. All the others are in the shadow of the unconscious; all the others are a waste of energies, a lowering in the level of life! They are that emptiness which I feel!
6. O my God and my All, grant that I may be able to transform all my hours into hours of prayer. Grant that every creature, every happening may become for me an object of direct conversation with you.
7. May everything be prayer! My own temptations accepted by me become my ruin procured

by the evil spirit; referred to you, they are my salvation, procured by your Spirit.

8. Every day grant me new insights, and new feelings to strengthen my spirit and my vein of prayer, since very easily I may become dry and exhausted!

9. Oh! That I may perceive in every verse of the Bible that particular revelation of you that it contains, and that particular grace that from it comes to the one who

prays! Oh! May it be so also from every other thing or action, O my Lord!

### **TO THE VIRGIN MOTHER OF GOD.,**

O Mary, Virgin Mother of God, you are the glory of the Most Holy Trinity that has established in you his most favored dwelling, and has made of your immaculate body his temple, he has placed in your heart his altar and sacred fire, and has enjoyed your soul in the sacrifice of your love.

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Examination of Conscience.

### **VERSES FROM THE BIBLE**

"Arise, Jerusalem, and shine like the sun; the glory of the lord is shining on you!"

"Other nations will be covered by darkness, but on you the light of the lord will shine! The brightness of his presence will be with you!"

"Nations will be drawn to your light, and kings to the dawning of your new day."

"look around you and see what is happening; your people are gathering to come home! Your sons will come from far away; your daughters will be carried like

children." .

"You will see this and be filled with joy; you will tremble with excitement. The wealth of the

nations will be brought to you; from across the sea their riches will come."

"Great caravans of camels will come, from Median and Ephah. They will come from Sheba, bringing gold and incense. People will tell the good news of what the lord has done!"

"Day and night your gates will be open, so that the kings of the nations may bring you their wealth."

"But nations that do not serve you, will be completely destroyed."

"The sounds of violence will be heard no more; destruction will not shatter your country again. I will protect and defend you like a wall; you will praise me because I have saved you."

"No longer will the sun be your light by day or the moon be your light by night; I the Lord, will be your eternal light; the light of my glory will shine on you."

"Your days of grief will come to an end. I, the Lord, will be your eternal light, more lasting than the sun and the moon."

"Your people will all do what is right, and will possess the land forever. I planted them, I made them, to reveal my greatness to all."

## **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our Sorrowful Mother, receive the homage of the spiritual treasures, that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and Holy Spirit, we offer you the Most Precious Blood of our Lord Jesus Christ in adoration for the holiness, dignity and mission of Mary and Joseph, and of all the angels and saints.

2. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the grace of knowing you always better with their supernatural knowledge.

3. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of praise for the holiness, dignity and mission of Mary and Joseph, and of all the angels and saints.

4. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the grace of always loving you more and better as they do.

5. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of thanksgiving for the holiness, dignity and mission of Mary and Joseph, and of all the angels

and saints.

6. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the grace of always more and better serving you with their devotion.

7. We offer you the Most Precious Blood of our Lord Jesus Christ as a sign of gratitude for the holiness, dignity and mission of Mary and Joseph, and of all the angels and saints.

8. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the grace of always more and better serving you following their example.

9. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to imitate the holiness, dignity and mission of Mary and Joseph and of all the angels and saints.

10. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the grace of always more and better becoming like you while imitating their perfections.

11. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us greater communion with the holiness, dignity and mission of Mary and Joseph, of all the angels and saints.

12. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the grace of possessing and enjoying you as they do.

13. We offer you the Most Precious Blood of our Lord Jesus Christ for your greater glory in the holiness, dignity and mission of Mary and Joseph, and of all the angels and saints.

14. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us the grace of uniting ourselves to you with a synthesis of all the relationships with you.

15. We offer you the Most Precious Blood of our Lord Jesus Christ as a pledge of hope for all merits of Jesus in the gospel, in the Eucharist and in the church.

16. We offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of intercession for all the graces of Jesus in the gospel, in the Eucharist and in the church.

17. We offer you the Most Precious Blood of our Lord Jesus Christ as a baptism of purification from every lack of conformity with Jesus in the gospel, in the Eucharist and in the church.

18. We offer you the Most Precious Blood of our Lord Jesus Christ as the instrument of applying to us all the merits of Jesus in the gospel, in the Eucharist and in the church.

19. We offer you the Most Precious Blood of our Lord Jesus Christ as a practice of imitation

of all virtuous acts of Jesus in the gospel, in the Eucharist and in the church.

20. We offer you the Most Precious Blood of our Lord Jesus Christ as a fire of assimilation with Jesus in the gospel, in the Eucharist and in the church.

21. We offer you the Most Precious Blood of our Lord Jesus Christ as a covenant of union with the Most Holy Trinity in Jesus-gospel, Jesus Eucharist, Jesus-church.

22. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to become an ever bigger receptacle for the divine fullness of your glory, love and will.

23. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to become always a bigger receptacle for the divine fullness of the spirit of faith, of prayer and of penance.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to constantly experience a perfect conversion and ascension to you, constant communion and in-dwelling with you, while dedicating ourselves to the apostolate of the divine union.

O adorable Trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift: The divine love of perfect charity for you and for our neighbor, with all the fruits of the Holy Spirit, so that we may reach the highest levels of union with you.

Amen.

## **EVENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Rosary.

## **VISIT**

1. O my Lord Jesus Christ, O divine Word and incarnate Son, I believe in you and adore you, present for me in this memorial of your passion and death. I believe it is you in person, O my Jesus, present for me in this Sacrament.

2. What will we offer you in reparation for the many evil thoughts that offend your infinite

charity and purity? With our evil thoughts we continue to pierce your head, already crowned with thorns.

3. We offer you the contemplations, the studies, and the apostolic desires of the Saints. We offer you the adoration of the Cherubs, all the interior life of Mary, and your own interior life, O my Jesus, in the adorable Trinity.

4. What can we offer you in reparation for the many useless, irreverent and blasphemous words which have perturbed the harmony of your glory, while they were supposed to be its most beautiful note?

5. We offer you your words and your silences in creation, in the Bible, in the Eucharist, and in the souls. We offer you the delight that the Father finds in you, his beloved Son.

6. What will we offer you in reparation for the innumerable forgetfulnesses, ingratitude, infidelities and betrayals of this poor human heart?

7. We offer and renew all the consecrations and vows of the Saints, the adoration of the Seraphs, the Immaculate Heart of Mary, and your own delights in the Father and

in the Holy Spirit.

8. How can we repair the abuses of your creatures?

How can we repair the abuses against your material and spiritual gifts? How can we make reparation for all our omissions, and subtractions from your glory?

9. We offer you the spirit of penance of the Saints, the use that you made of your creatures, all the privations of your life and all the sufferings of your passion.

10. Bless and multiply, O my God and my All, the souls that offer themselves as victims of reparation. Fill the world with the Eucharist and Holy Masses, and fill all souls with the spirit of sacrifice.

## **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All you Angels and Saints of God, etc.

## **EXAMINATION OF CONSCIENCE (on the apostolate)**

Become aware, my soul, before God:

Did you carry in your heart and in your mind all souls, as a practice of love for your neighbors, and of the communion of the Saints?

Do you try to help others spiritually, as the mystical body of Christ that they are, and as if they were your own mystical body, with Jesus living in you?

Do you practice, with sincere zeal, fraternal correction, → spiritual conversations and spiritual edification?

Do you constantly try to bring others to esteem and to grow in grace and in love, using all means suggested by the catechism and ascetical theology?

Act of Contrition.

### **FOR AN EXAMINATION OF CONSCIENCE**

1. O my God and my All! O my Father, Son and Holy Spirit! I believe that you listen and pay a lot of attention to all the internal and external words of your creatures, you who treat everyone with divine reverence.

2. I believe that each internal and external word is a living image of the incarnation of your Word, as in our thought we carry the likeness to his eternal generation.

3. O my God and my All, O my Father, Son, and Holy Spirit! I believe that you listen to and take in high consideration each one of our feelings, each one of our anxieties, you who love us without limitations!

4. I believe that each one of our feelings and anxieties is a living image of the work of your Spirit of love, as in our will we carry the likeness of his eternal inspiration.

5. O my God and my All! O my Father, Son, and Holy Spirit! There is nothing more important and more sacred than life, which is the image and the likeness of your divine life.

6. Oh! How humiliated I feel for my abusive thoughts, words, feelings, desires and affections that are a constant profanation of the divine images, and a constant waste of divine treasures.

7. Oh! How deplorable is that immense flow of words and human affections that inundates the world, and stifles human generation with mire, foolishness, and voluntary destitutions.

8. I want to concentrate myself completely to the divine present, so that I may do

everything with the most possible perfection of nature and grace, in the most faithful imitation and in the most intimate union with you, O my God and my All!

9. The past is never divine, because there is no past in you; the future is never divine, because there is no future in you. Only the present is divine, because it is always true "I am Who I am".

(Litany for the Dying, or a psalm.)

[Take me Top](#)

## December

### MORNING PRAYERS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All you Angels and Saints of God, etc.

### SOLEMN RESOLUTION

1. O my God and my All, may your divine will inspire resolutions and decisions that would respond to the needs of your glory; and may your love make fruitful the good desires that you implant in our hearts.
2. I want - as it is my duty - to do anything and to suffer anything - even death - in order to avoid any voluntary imperfection; in order to give you, in everything, the greatest possible joy in my present condition.
3. For this reason, before each important action, I want to make an explicit and particular act of faith, in the truth more closely related to my action. Before each action I want to make a particular and direct act of hope, in the grace that I need to do it properly.
4. Before each important action, I will make a direct and particular act of love, with which I will unite myself in that action to the intentions and dispositions of Jesus; so that Jesus himself may be in my soul to do it.
5. May each action, whatever it may be externally, become internally an act of love; and may it be totally elevated, simplified, unified in my love for you, O Blessed Trinity.
6. I am confident that you make me know, moment by moment, through your inspirations,

your divine will. I want to be all docility and fidelity in loving obedience.

7. May your holy inspirations suggest and remind me of the practice of some penance and prayer, of some extraordinary act of humility and charity, in each of the two parts of the day.

8. So that I may be thankful for the preceding Holy Mass and Communion, and so that I may prepare myself for the following Holy Mass and Communion. Oh! that I may offer myself as the matter of the sacrifice of adoration, thanksgiving, reparation and intercession.

9. O my Lord, grant that through your grace I may really be among those who love you; by virtue of your love everything will turn out to be most advantageous for the spiritual life, both in time and in eternity.

### **TO THE VIRGIN MOTHER OF GOD**

Come, O Virgin Mary, to my soul, to my house, to my work, as you went to Bethlehem; my soul is a poor stable, an ignoble manger. That notwithstanding, the Lord will want to have his advent and his birth in my soul! Come, O blessed Virgin Mary!

Your presence will transform my soul into a paradise, where the Angels will fly, and other worshippers will follow your star! More than anything else, the Lord Jesus wants us to be like his mother in loving him.

### **MIDDAY PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost, Angelus,

Examination of Conscience.

### **VERSES FROM THE BIBLE**

"Listen to wisdom! I am the word spoken by the Most High. I covered the earth like a mist."

"I made my home in the highest heaven, my throne on a pillar of cloud."

"I looked everywhere for a place to settle, some part of the world to make my home."

"Then my Creator, who created the universe, told me where I was to live."

"Make your home in Israel," he said. "The descendants of Jacob will be your people."

"At that time the mountains will be covered with vineyards, and cattle will be found on every hill; there

will be plenty of water for all of Judah. A stream will flow from the temple of the Lord."

"The Sovereign Lord has filled me with his spirit. He has chosen me and sent me to bring good news to the poor, to heal the brokenhearted, to announce release to captives and freedom to those in prison."

"He has sent me to proclaim that the time has come when the Lord will save his people and defeat their enemies. He has sent me to comfort those who mourn."

"To give to those who mourn in Zion joy and gladness instead of grief; a song of praise instead of sorrow. They will be like trees that the Lord himself has planted. They will do what is right, and God will be praised for what he has done."

"Your shame and disgrace are ended. You will live in your own land, and your wealth will be doubled; your joy will last forever."

"I will send my messenger ahead of you to open the way for you."

"Someone is shouting in the desert, 'Get the road ready for the Lord, make a straight path for him to travel!' "

## **OFFERTORY OF THE MOST PRECIOUS BLOOD**

Most Holy Trinity, Father, Son and Holy Spirit, through our Sorrowful Mother, receive the homage of the spiritual treasures that you yourself have generously donated to us.

1. Most Holy Trinity, Father, Son and Holy Spirit, we offer you the Most Precious Blood of our Lord Jesus Christ as a sacrifice of adoration to the infinite love with which you have called us to life, to faith, to religious life, to holiness and to the priesthood.
2. We offer you the Most Precious Blood of our lord Jesus Christ as a sacrifice of thanksgiving for our vocation as servants of the vocations, missions and ascensions of love toward the divine union with you, O adorable Trinity.
3. We offer you the Most Precious Blood of our lord Jesus Christ as a sacrifice of reparation for all our disobediences to your inspirations, for our infidelities to your grace, for our in correspondences to your love.

4. We offer you the Most Precious Blood of our lord Jesus Christ as a sacrifice of intercession for all the graces of wisdom and intellect, of knowledge and counsel, and for the perfect correspondence to your love through piety, fortitude and fear of the Lord.
5. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to see in ourselves the perfect triumph and kingdom of your pure love, and so that we may establish it in every soul throughout the world.
6. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us perfect knowledge, practice and apostolate of the devotion to the Sacred Heart, which is both revelation and effusion to your love.
7. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may merit and enjoy in ourselves and in our neighbor, the fulfillment of all the promises of the Sacred Heart, especially concerning the conversion of the souls.
8. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may merit and enjoy in ourselves and in our neighbor, the fulfillment of all the promises of the Sacred Heart, especially the one promising that the lukewarm would be filled with fervor.
9. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may merit and enjoy in ourselves and in our neighbor, the fulfillment of all the promises of the Sacred Heart, especially the one concerning the progressive perfection of the just ones.
10. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may merit and enjoy in ourselves and in our neighbor, the fulfillment of all the promises of the Sacred Heart, especially the one concerning the grace of one's status.
11. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may merit and enjoy in ourselves and in our neighbor, the fulfillment of all the promises of the Sacred Heart, especially the one promising perfect peace.
12. We offer you the Most Precious Blood of our Lord Jesus Christ so that we may merit and enjoy in ourselves and in our neighbor, the fulfillment of all the promises of the Sacred Heart, especially the one promising final perseverance.
13. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to merit and enjoy in ourselves and in our neighbor, the fulfillment of all the promises of the Blessed Virgin to those who practice and promote devotion to her rosary.
14. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to unite ourselves totally to our Lord, so that everyday we may relive his entire life in his

mysteries which are presented to us in the rosary and in the liturgy.

15. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to be always more and better that living personal relationship of love with you, that you want us to be from the moment of our creation.

16. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant to each and every one of us to be and to become always more your personal, good, faithful, favorite and inseparable servant and follower.

17. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant to each and every one of us to be your faithful servant, your servant, O

Word of God, your servant, O Holy Spirit, your servant, O Most Holy Trinity in Jesus Christ according to his heart.

18. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant us to be always more your servant and child, your servant and spouse, your servant and mother through all ways, levels and means of your grace.

19. Grant us, O Divine Trinity, through these offerings of the Most Precious Blood, the divine union in the relationship of servant and child of God in you, O Father, according to the Sacred Heart of Jesus; grant that we may lead and establish all souls in this progressive holy union with you.

20. Grant us, O Divine Trinity, through these offerings of the Most Precious Blood, the divine union in the relationship of servant and spouse of God in the Holy Spirit according to the Sacred Heart of Jesus; grant that we may lead and establish every soul in the progressive holy union with you.

21. Grant us, O Divine Trinity, through these offerings of the Most Precious Blood, the divine union in the relationship of servant and mother of Jesus, living in the souls according to the Sacred Heart of Jesus; grant that we may lead and establish every soul in this progressive holy union with you.

22. We offer you the Most Precious Blood of our Lord Jesus Christ .so that you may grant to each and every one of us to be an ever-bigger receptacle for the divine fullness of your glory, love and will.

23. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant to each and every, one of us to be an ever-bigger receptacle for the divine -"fullness of the

spirit of faith, of prayer and of penance.

24. We offer you the Most Precious Blood of our Lord Jesus Christ so that you may grant to each and every one of us to be an ever-bigger receptacle for the divine fullness of conversion and ascension to you, communion and indwelling with you, while dedicating ourselves to the apostolate of the divine union.

O adorable Trinity, above all and in everything, grant us the fullness and the spirit of every law, the life and the value of every virtue, the enjoyment and the fruition of every gift:

The divine love of perfect charity for you and for our neighbor, with all the fruits of the Holy Spirit, so that we may reach the highest levels of union with you.

Amen.

## **EVENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Ghost,

Angelus,

Rosary.

## **VISIT**

1. O my Lord Jesus Christ, O divine Word and incarnate Son, I believe in you and adore you present for me in this memorial of your passion and death. I believe that it is you in person, O Jesus, present for me in this Sacrament.

2. O my Jesus, O Crucified, O Sacrament, O Wounded Heart! Who appreciates you and loves you, as you deserve? Who has compassion for you, and who consoles you? Who pays you back your love? Who understands you?

3. Who can receive all your confidences? Who can receive all the treasures that you can offer? Who can receive all the virtues that come from you? Who can receive you wholly?

4. You can receive me wholly, mind and heart, soul and life, you can console me and fulfill me, but I cannot reciprocate everything. I cannot console you; I cannot repay you. I cannot receive you wholly.

5. Who will be your personal friend? Who will be your favorite? Who will be your intimate

friend? There is no heart that more than mine desires to be your predilect!

6. I want to tell you, but I hesitate to say it, there is no heart that more than mine wants to be your personal 'l'-friend, your favorite, your most intimate friend! I want to be worthy of you, like you, another you!

7. O Angels, O Saints, O Mary! Come to console Jesus for me in the stable of his nativity, in the desert of his fasting and temptations, in the agony of blood and of the cross, in the Eucharist, and in the sacrifice!

8. You are alone! You are the only Man•God! All the Angels, all the Saints together, not even your Mother can adequately understand and receive you.

9. Father, into your hands I commend my Jesus! In your bosom I place my crucified Jesus, his Sacred Heart! On-ly you can understand the Man•God, only you are his Father, and he is your only Son!

10. O God the Father! O God the Father! Allow me to be one with you, as was Mary, and together with Mary - for the love of your Son - let me be the one with you, since you have made me his disciple, his brother and friend.

## **NIGHT PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All Angels and Saints of God, intercede for us.

Queen of all Saints, Mediatrix of all graces and Mother of divine love, pray for us.

Sacred Heart of Jesus, unite us perfectly to your adorations, thanksgivings, reparations and prayers; make ~of us with you, a host of sacrifice to the divinity and a sacrament to the souls.

## **EXAMINATION OF CONSCIENCE**

(on the virtue of charity)

Become aware, my soul, before God:

1. In the spirit of love that should fill you, do you realize that it is happier to give than to receive?

2. Do you fill your heart and mind with respect and kindness for all people, both in the

community and out?

3. Do you offer to everybody that approaches you a very cordial smile and a spiritual greeting?

4. Whenever you become aware of physical or moral needs of others, do you try to help them to the best of your abilities?

Act of Contrition.

## **EXCHANGE**

1. Thank you, Lord, for all the gifts granted to us without our knowing it! The tenderness of your love is reserving for us in heaven the sweet and glorious surprise of finding out about them all.

2. Thank you for all the gifts that you would have offered us if we had been faithful. Thank you for all your gifts, which we have rejected. Thank you for all your gifts, which we - unfortunately - have abused against you.

3. What will we give you for all you have given us? We would like to have as many hearts as are your benefits in order to immolate them to you in thanksgiving.

4. What will we give you for all you have done for us?

In each one of your gifts you give us your infinite love. In ~each gift you want to give yourself to us!

5. As a thanksgiving we will confide always more in 'our divine goodness, and we will ask and expect always '-more, since you like to give unlimitedly.

6. In every thanksgiving, we will love you always more; with each gift we will consecrate ourselves to you, acknowledging in each one of your gifts a new right of yours over us.

7. We will continually thank you in all our brothers and sisters, so that our gratitude may come to you through the same creatures through which you benefit us.

8. But more than anything else, and above anything else we offer you the divine Eucharist while at the same time we ask you for its spirit of gratitude, so that you may never regret having benefited us.

9. May we reach the ultimate goal of all your benefits, '- your paradise, supreme gift with

which you will crown all your other gifts. Amen.

10. O my God and my All, Father, Son, and Holy Spirit, may your will be done, your love reign, your glory shine always more in me and in everyone as in yourself, O my God and my All.

(Litany for the Dying, or a Psalm.)

### **AVE, MARIS STELLA**

Ave, maris stella, Dei Mater alma, Atque semper Virgo, Felix cae Ii porta.

Sumens iIIIud Ave Gabrielis ore,

Funda nos in pace, Mutans Hevae nomen.

Solvevincla reis, Profer lumen caecis, Mala nostra pelle, Bona cuncta posce.

Monstra te esse matrem, Sumat per te preces,

Qui pro nobis natus

tulit esse tuus.

Virgo singularis, Inter omnes mitis, Nos, culpis solutos, Mites fac et castos.

Vitam praesta puram Iter para tutum,

Ut, videntes Jesum, Semper collaetemur

Sit laus Deo Patri, Summo Christo decus, Spiritui Sancto,

Tribus honor unus.

Amen.

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